



### Selection of Hong Kong Schools Cross Country Team

#### **Schools Interport Cross Country Competition 2018-2019 – Selection Trial**

#### 學界埠際越野跑比賽 – 遴選賽

Please be informed that the **Schools Interport Cross Country Competition 2018-2019** will be held from 23 – 26 November 2018 (Tentative) in Zhongshan, Guangdong (廣東中山).

#### **Criteria**

- (1) Participating athletes must be Full-time students of the HKSSF member secondary schools in 2018-2019 academic years;
- (2) Participants for **Boys & Girls Categories** must be born in or after 1<sup>st</sup> September 2000;

In order to form the cross country team with top notch athletes to represent Hong Kong Schools participating in this Championship, a selection trial will be conducted with details as follow:

Date	Time	Venue
<b>22 September 2018 (Sat)</b> <b>29 September 2018 (Sat – Fallback)</b>	<b>0900 - 1300</b>	<b>Tai Lam Country Park, Tai Tong</b>

All member secondary schools are welcomed to nominate elite athletes to participate.

#### **Notes**

- (1) A maximum of 8 students (maximum 4 students per category) from each school are allowed to be nominated;
- (2) Schools are advised to visit the HKSSF's website on or after 19 September 2018 to check the selection trial participating list ;
- (3) Top 12 athletes of each category will be selected to the 1st Stage of the Pre-Competition Training ;
- (4) Details of the Pre-Competition Training will be further announced ;
- (5) Unless there are exceptional reasons, and a supporting letter from the respective school(s), selected team members must attend all training sessions and may not withdraw from the competition ;
- (6) The Hong Kong Schools Sports Federation reserves the right in making final decisions on selection of the squad.

#### **All Nomination Forms will ONLY be accepted in electronic format.**

Please follow the instructions on the HKSSF's web-site. Detailed information of the Selection Trial and Competition can be downloaded from the HKSSF's web-site ([www.hkssf.org.hk](http://www.hkssf.org.hk)):

Event	Steps	Closing Date
<b>Schools Interport Cross Country Competition 2018-2019</b>	<i>Interport, Overseas Competitions and Other Events → Schools Interport Competitions → Cross Country</i>	<b>14 September 2018 (Friday)</b>

#### **Contact**

1. Mr. Ivan Hung (Confirmation of receipt of nomination form) or Mr. Fred Lo (Competition enquires)  
External Office, Telephone No.: 2768 8212

Tina Au  
Senior Sports Executive

To : Principals of All Member Secondary Schools

Date : 16 August 2018

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