

中國香港學界體育聯會
The Schools Sports Federation of Hong Kong, China
第四屆亞洲中學生七人欖球錦標賽
4th Asian School Rugby Sevens Championship 2025

男子組集訓時間表 (第一階段)
Boys' Team Training Schedule (Phase One)

月份	日期	時間	場地
7月 July	2 (Wed)	18:00-19:30	京士柏運動場 King's Park Sports Ground
	7 (Mon)		
	9 (Wed)		
	14 (Mon)		
	16(Wed)		
	21 (Mon)		
	23 (Wed)		

備註
Remarks : 1) 集訓場地資料 Training Venue :

京士柏運動場 King's Park Sports Ground	地址：九龍京士柏衛理徑11號 Address: 11 Wylie Path, Ho Man Tin, Kowloon
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- 2) 入選運動員必須按照上列集訓時間表出席訓練，並必須準時到達場地及穿著合適運動服裝進行集訓。

Selected athletes should follow the training schedule and attend every training session on time with suitable clothes and gears.

- 3) 運動員因生病/要事而未能出席集訓者，必須填寫「學生請假通知書」，然後電郵至學體會請假。

「學生請假通知書」可於聯會網頁下載：
埠際、海外比賽及其他活動→表格→學生請假通知書(賽前集訓適用)

If students are unable to attend the training sessions due to sickness/ personal issues, they must fill-in 'Leave Notification Form' and return it by email to external@hkssf.org.hk.

'Leave Notification Form' can be downloaded on HKSSF website:
Interport/ Overseas Competitions and Other Events→Form→Leave Notification Form (Pre-Competition Trainig Use)

- 4) 聯絡:

電話：2768 8212

傳真：2768 4525

電郵：external@hkssf.org.hk