

All Hong Kong Inter-Primary Schools Gymnastics Competition 2025-2026

2025-2026 年度全港小學校際體操比賽



合辦機構
Co-organiser



中國香港體操總會

資助機構
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香港賽馬會慈善信託基金
The Hong Kong Jockey Club
Charities Trust

全港校際體操比賽

All Hong Kong Inter-Schools Gymnastics Competition



日期 Date	時間 Time	地點 Venue	賽程 Match
2/5/2026 (六 Sat)	08:00 – 19:00	馬鞍山體育館 Ma On Shan Sports Centre	小學女子丙組 (港九地域一區、新界地域一區) Primary Girls C Grade (HK&KLN Area 1, NT Area 1)
3/5/2026 (日 Sun)	08:00 – 19:00		小學女子丙組 (港九地域二區、新界地域二區) Primary Girls C Grade (HK&KLN Area 2, NT Area 2)
23/5/2026 (六 Sat)	08:00 – 17:30		小學女子乙組 Primary Girls B Grade
24/5/2026 (日 Sun)	08:00 – 18:30	順利邨體育館 Shun Lee Tsuen Sports Centre	小學男子甲、乙組 及小學女子甲組 Primary Boys A, B Grade & Primary Girls A Grade
31/5/2026 (日 Sun)	12:00 – 17:30		小學男子丙組 Primary Boys C Grade

主辦機構
Organised by



中國香港學界體育聯合會
THE SCHOOLS SPORTS FEDERATION OF HONG KONG, CHINA

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中國香港學界體育聯會 2025-2026年度全港小學校際體操比賽

【章 則】

(一) 比賽日期及地點：

1.1 比賽日程

日期	時間	地點	組別
2/5/2026 (六)	08:00-19:00	馬鞍山體育館	小學組
3/5/2026 (日)			
23/5/2026 (六)			
24/5/2026 (日)			
31/5/2026 (日)		順利邨體育館	小學組及中學組

1.1.1 上述時間表只供參考，賽會將按本年度報名參賽人數而安排比賽日期。

1.1.2 區別及組別之劃分，均視乎報名參賽人數再由賽會作最後決定。

1.1.3 本屆賽事不設預賽，所有單項直入決賽。

(二) 參賽資格：

2.1 參賽學校必須為2025-2026年度中國香港學界體育聯會之會員學校。

2.2 參賽學生必須為2025-2026年度中國香港學界體育聯會之註冊運動員。

2.3 參賽組別之年齡限制：

- 甲組：參賽學生必須在2013年1月1日或以後出生者。
- 乙組：參賽學生必須在2015年1月1日或以後出生者。
- 丙組：參賽學生必須在2016年1月1日或以後出生者。

2.4 **參賽學生必須在比賽前，向職員出示*實體或電子版中國香港學界體育聯會簽發之2025-2026年度學生運動員註冊證報到（下稱學界證），否則不能出賽，判作棄權。**

***實體註冊證必須蓋上學體會印章方為有效；電子註冊證必須附有「電子證E-card」標記，方為有效。**



(三) 比賽組別及項目：

組別/ 項目	男子組				女子組			
	自由體操	跳馬	單槓	雙槓	自由體操	跳馬	平衡木	高低槓
甲組	✓	✓	✓	✓	✓	✓	✓	✓
乙組	✓	✓	✓	--	✓	✓	✓	--
丙組	✓	✓	--	--	✓	✓	--	--

- 甲組(四項)： 包括團體、個人全能及單項
- 乙組(三項)： 包括團體、個人全能及單項
- 丙組(兩項)： 包括團體及個人項目

3.1 如團體參賽隊數少於兩隊或個人項目參賽人數少於2人，賽會將取消該等項目之賽事。而有關款項將會退還。

(四) 重要日期：

- 4.1 **截止報名：2026年3月18日, 23:59(星期三)**
- 4.2 **確認報名資料：2026年3月20日, 17:00(星期五)**
參賽者名單將於2026年3月19日(星期四)下午4:00上載到學體會網頁，請各學校自行到網上查閱以確保資料準確。如發現任何錯誤或遺漏，請於**3月20日(星期五)下午5時前**電郵至 external@hkssf.org.hk 及致電 2768 8212 與本會職員聯絡。
- 4.3 **領隊會議：2026年4月15日(星期三)下午4時**假中國香港學界體育聯會 105 會議室舉行
領隊會議將闡釋比賽詳情及派發運動員號碼布，並進行團體賽學校出場序抽籤，參賽學校請派代表出席。
- 4.4 **截止「教練證」申請：2026年4月15日, 23:59(星期三)**
申請詳情請參閱第七項。教練名單請於4月17日(星期五)在網頁上供查閱。
- 4.5 **比賽賽程公布：2026年4月20日至4月25日**
比賽賽程、報到時間及注意事項將在本會網頁公布，不會另函通知，參賽學校請自行到網頁上下載。

(五) 比賽次序：

- 5.1 團體賽運動員將先於單項運動員作賽。
- 5.2 參與團體賽隊伍之出場序將於領隊會議中抽籤決定。

**(六) 報名詳情：**

- 6.1 團體賽每校每組限報1隊，每隊最多報5人，最少報3人。個人全能及單項賽每校每組報名總人數最多15人。(參加個人全能運動員必須完成所屬組別之所有項目)
- 6.2 報名費：團體每組 港幣350元、單項每人每項 港幣130元。
- 6.3 學校須於網上完成報名程序並提交資料後，將報名表首頁列印，由校長簽署及蓋上校印，連同劃線支票抬頭「中國香港學界體育聯會」，於截止報名日期後的兩星期內寄交回「九龍何文田迦密村街7號201室中國香港學界體育聯會 對外事務辦事處」，並註明「全港小學校際體操比賽報名表」。
- 6.4 所有報名手續必須經由學校統一處理，即每校每組只能遞交一份報名表格。
- 6.5 除運動員因在比賽前受傷或身體不適外，截止報名後，不得更換運動員。詳情請參閱13.3。
- 6.6 **截止報名日期：2026年3月18日, 23:59(星期三)**。逾時報名將不被接納。

(七) 「教練證」申請方法：

為加強及保障運動員在比賽期間之安全，所有中國香港體操總會(體操總會)主辦的賽事，在比賽場區協助運動員熱身及作賽的人士，必須為體操總會之註冊教練或體育教師。請各參賽會員學校之教練或體育教師，如需在比賽場區範圍內協助運動員熱身及作賽，須於 **4月15日 23:59(星期三)**前辦理以下手續：

- 7.1 教練: 必須完成步驟一及步驟二
- 7.2 體育教師: 直接進行步驟二

步驟一: 向中國香港體操總會註冊 www.gahk.org.hk 查詢電話: 2504 8233

1. 教練必須向體操總會註冊為有效之競技體操教練；
2. 由體操總會審批註冊；
3. 註冊成功者，將獲編配「教練註冊號碼*」。

步驟二: 向中國香港學界體育聯會申請「教練證」

4. 申請者請填寫學界體操比賽之「教練證申請表格」，並填上「教練註冊號碼*」及必須提交個人近照，詳情請參閱章則第七點。(* 適用於教練)
5. **截止申請日期：2026年4月15日, 23:59(星期三)**。

注意事項：

- ~ 所有教練證申請名單將於 **2026年4月17日(星期五)**在學體會網頁上公布，並於比賽日獲發「教練證」。
- ~ 比賽期間，教練證持有人必須配帶「教練證」才能進入比賽場區保護及協助運動員作賽。如有遺失者，請前往司令台登記補發，本會將收取\$50元補發手續費。
- ~ 未有佩帶「教練證」者，一律不能進入比賽場區。

**(八) 裁判：**

- 8.1 所有裁判員將由中國香港體操總會派出及執法。**本賽事不設上訴**，所有有關技術性事宜的裁決，應以當日總裁判決定為最後裁決。
- 8.2 所有評分準則將依照『**2025-2028年國際體操聯盟-評分規則**』執行。
- 8.3 有關比賽動作及評分準則資料，將由中國香港體操總會編定。詳情請瀏覽學體會或體操總會網頁。

(九) 計分方法及獎勵：

- 9.1 每名運動員於單項賽所得之分數將同時用作計算其個人全能及單項成績。而團體賽則取每隊每項最佳的3位運動員之得分總和作為該隊團體分。
- 9.2 設個人全能獎項獎前四名(獎盃)，前八名獲頒證書。
- 9.3 各組單項賽獎前四名(獎牌)，前八名獲頒證書。
- 9.4 團體賽：每組參賽校數16隊或以下獎前四名(獎盃)、17隊或以上獎前八名(獎盃)，不設最低得分要求。
- 9.5 於個人全能及單項比賽，同一學校最多有2名運動員獲獎。
- 9.6 運動員於每項目得分達**12.00 – 13.49**分可獲發良好證書；得分達**13.50**分或以上可獲發優異證書。

(十) 器械規格：比賽器械由賽會提供，參賽隊伍不得擅自更換。詳情請參閱動作大綱。**(十一) 比賽服裝：**

- 11.1 運動員應穿著合適之比賽服裝，如不符下列規定者，將被扣分。
 - 甲組運動員必須穿著體操服(按國際體操比賽規則)。
 - 乙組及丙組運動員可穿著體操服或學校運動服。
- 11.2 團體賽運動員必須穿著劃一比賽服。
- 11.3 所有參賽運動員號碼由賽會編訂，並由賽會提供號碼布。參賽運動員必須佩戴號碼布方能出賽，號碼布可用針線 / 扣針縫合於比賽服裝背面，以能清楚顯示為準。
- 11.4 各組號碼布顏色分別如下：
 - 甲組~藍色 乙組~粉紅色 丙組~白色

(十二) 領隊會議：

- 12.1 領隊會議於**2026年4月15日(星期三)下午4時**假中國香港學界體育聯會**105會議室**舉行。會上將闡釋比賽詳情及派發運動員號碼布，並進行團體賽學校出場序抽籤，參賽學校請派代表出席。
- 12.2 如當天未有出席者，可於**2026年4月16日至4月24日期間(星期一至五09:30-13:00 及 14:00-17:00，星期六09:00-11:30)**親臨學體會201室領取有關資料。

**(十三) 其他：**

- 13.1 除特別聲明外，比賽將依照「中國香港體操總會」所訂之規則及學體會所訂之「小學體育比賽通則」執行。
- 13.2 所有參賽學校必須遵守賽會所訂定的各項規則及編排。
- 13.3 如參與團體賽之運動員於比賽前受傷或身體不適，而需由另一位運動員補上，必須於比賽前兩天以書面向賽會申請，並需附上醫生證明文件為證；但於比賽中受傷或當日身體不適者，一概不准替換。替補運動員須為單項賽其中一員。如未能符合上述要求者作棄權論。
- 13.4 運動員必須由教練陪同熱身及比賽，否則論作棄權。**請參閱(七)「教練證」申請方法**
- 13.5 **基於紀律及安全的考慮，各參賽學校必須委派一位全職教職員或已向聯會登記之非本校教職員領隊，陪同參賽學生直至比賽完畢為止。**該人士同時需對參賽學生及其支持者於場內和場外的行為負上全責。登記方法:須於執行領隊工作前四個工作天透過聯會網上提交申請 (star.hkssf.org.hk)。
- 13.6 比賽當天將安排現場急救服務。
- 13.7 章程及規則如有未盡善處，賽會保留最後修改權利。

(十四) 查詢：

中國香港學界體育聯會 (賽務事宜)	中國香港體操總會 (技術事宜)
電話：2768 8212	電話：2504 8233
傳真：2768 4525	傳真：2882 8590
網址： http://www.hkssf.org.hk	網址： http://www.gahk.org.hk
電郵：external@hkssf.org.hk	電郵：mail@gahk.org.hk

[本章則英文譯本與中文原文不一致時，以中文文本為準]

Co-organisers



中國香港學界體育聯會
THE SCHOOLS SPORTS FEDERATION OF HONG KONG, CHINA



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康樂及文化事務署
Leisure and Cultural
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政府資助計劃
Government Funding
programme

The Schools Sports Federation of Hong Kong, China
All Hong Kong Inter-Primary Schools Gymnastics Competition 2025-2026

【 General Rules 】

(1) Competition Dates & Venue :

1.1 Competition Date

Date	Time	Venue	Category
2/5/2026 (Sat)	08:00-19:00	Ma On Shan Sports Centre	Primary Schools
3/5/2026 (Sun)			
23/5/2026 (Sat)			
24/5/2026 (Sun)			Primary and Secondary Schools
31/5/2026 (Sun)		Shun Lee Tsuen Sports Centre	Primary and Secondary Schools

1.1.1 The Organiser will arrange the competition dates based on the number of participants. The above schedule is for reference only.

1.1.2 The division of areas or pools will be subject to the final enrollment status. The organiser reserves the right to make any final decision.

1.1.3 No Preliminary Rounds in this competition, all Individual events will straight to finals.

(2) Eligibility :

- 2.1 Participating school must be member schools of the Schools Sports Federation of Hong Kong, China 2025-2026.
- 2.2 Participants must have registered with the Schools Sports Federation of Hong Kong, China for the year 2025-2026.
- 2.3 Participants must be born on :
 - A Grade: must be born on or after 1 January 2013.
 - B Grade: must be born on or after 1 January 2015.
 - C Grade: must be born on or after 1 January 2016.
- 2.4 **Participants MUST present their valid Student Athletes Registration Card 2025-2026 when reporting. Failure to do so will result in disqualification. Registration card is only valid when stamped by the HKSSF and marked with 'E-Card'.**

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(3) Category, Level & Event :

Level/ Event	Boys Category				Girls Category			
	Floor Exercise	Vault	Horizontal Bar	Parallel Bars	Floor Exercise	Vault	Balance Beam	Uneven Bars
A Grade	✓	✓	✓	✓	✓	✓	✓	✓
B Grade	✓	✓	✓	-	✓	✓	✓	-
C Grade	✓	✓	-	-	✓	✓	-	-

- A Grade (Four events): Including Team Event, Individual All-around & Individual Event
- B Grade (Three events): Including Team Event, Individual All-around & Individual Event
- C Grade (Two events): Including Team Event & Individual Event

3.1 Any team / individual events with less than two entries will be cancelled and refunds will be made accordingly.

(4) Dates of Importance :

- 4.1 **Closing Date: 18 March 2026, 23:59 (Wednesday)**
- 4.2 **Confirmation of Entry: 20 March 2026, 17:00 (Friday)**
The participation list will be uploaded at 16:00, on 19 March 2026 (Thursday) on HKSSF's website. Please email to external@hkssf.org.hk and report to HKSSF's Secretariat at 2768 8212 in case of any missing or incorrect data before 17:00, 20 March 2026 (Friday).
- 4.3 **Team Managers Meeting: 15 April 2026, 16:00 (Wednesday)**
The Team Managers Meeting will be held at 16:00, on 15 April 2026 at Room 105 of the HKSSF's office. Drawing of lots for the Team Events will be conducted and competition numbered-bibs will be distributed. The rules and regulations will be clearly explained during the meeting.
- 4.4 **Application for Coach Permit: 15 April 2026, 23:59 (Wednesday)**
For details, please refer to point 7. The list of Coach Permit Holders will be uploaded on HKSSF website on 17 April 2026 (Friday).
- 4.5 **Competition Schedule: 20-25 April 2026**
Please download competition schedules via HKSSF's website. No further notifications will be made to schools.

(5) Sequence of Play :

- 5.1 Athletes who take part in team events will complete the Individual events first.
- 5.2 The sequence of play for team events will be decided during the drawing of lots at the team managers meeting.

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(6) Enrollment Details :

- 6.1 Team Events: Each school can enter a maximum of 1 team, with a maximum of 5 athletes and a minimum of 3 athletes, for each category. Individual All-around & Individual Event: Each school can enter a maximum of 15 athletes for each category.
- 6.2 Entry Fee: \$350 per team for each level and category; \$130 for each athlete in individual event categories.
- 6.3 **Schools are required to submit the entry through our online entry system before deadline. Late submission will not be accepted. The front page of the entry form should be printed out after online submission and have it signed by Principal with school stamp. Completed entry form should be posted back within two weeks after the deadline together with entry fee (with a crossed cheque payable to "The Schools Sports Federation of Hong Kong, China")**
to : 「The Schools Sports Federation of Hong Kong, China (External Office)
Room 201, 7 Carmel Village Street, Homantin, Kowloon
All Hong Kong Inter-Primary Schools Gymnastics Competition – Entry Form 」
- 6.4 To avoid double entries, ONLY entry forms submitted by schools will be accepted.
- 6.5 Substitution of participants will not be considered after the closing date except for medical withdrawal. For details, please refer to point 13.3.
- 6.6 **Closing Date: 18 March 2026, 23:59 (Wednesday). No late applications will be accepted.**

(7) Application for Coach Permit:

To further reinforce the safety precautions to protect gymnasts, only registered coaches or P.E. Teachers are allowed to enter competition area to protect gymnasts during warm-up and competition for all competitions organised by Gymnastics Association of Hong Kong, China (GAHK). **All coaches or P.E. Teachers who wish to enter the competition area, must complete the following step(s) on or before 15 April 2026, 23:59(Wednesday).**

7.1 Coaches : please process both Step (1) and Step (2) ;

7.2 P.E. Teachers: process Step (2) only

Step (1) Register at GAHK:

1. Coaches register at GAHK www.gahk.org.hk : Contact tel no. of GAHK: 2504 8233.
2. Application process by GAHK;
3. Successful applicants will receive Registered Numbers from GAHK;

Step (2) Apply Coach Permit at the Schools Sports Federation of Hong Kong, China:

4. Registered coaches and P.E. Teachers must fill in Coach Permit Application Form, with registered numbers* and affix a recent photo. For details, please refer to General Rules point 7. (*Registered numbers: applicable to coaches only)
5. **Closing Date for Coach Permit: 15 April 2026, 23:59 (Wednesday)**

Points to note:

- ~ The list of Coach Permit Holders will be uploaded on HKSSF's web on **17 April 2026(Friday)** and the Coach Permits will distribute on day of competition;
- ~ All Coach Permit Holders must show the Valid Coach Permit when entering the Field of Competition. Please report to the Secretariat in case of loss of Coach Permit. Reissue of permit requires \$50. as administration fee.
- ~ Unregistered coaches are NOT allowed to enter the competition area.

Co-organisers



中國香港學界體育聯會
THE SCHOOLS SPORTS FEDERATION OF HONG KONG, CHINA



Funded By



香港賽馬會慈善信託基金
The Hong Kong Jockey Club
Charities Trust

Subvented by



康樂及文化事務署
Leisure and Cultural
Services Department



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(8) Referee:

- 8.1 Referees will be appointed by GAHK. The decision of the Referees shall be final. **No appeals will be entertained for this competition after the Referees have confirmed a decision.**
- 8.2 The 2025-2028 CODE of POINTS of the International Gymnastics Federation (FIG) will be adopted. For details, please refer to GAHK's website.
- 8.3 For details of routines and scoring schemes, please refer to HKSSF's and GAHK's website.

(9) The Awards :

- 9.1 The points scored in each individual event will also be counted for the Individual All-around. For Team Events, the final points will be counted as the sum of the best 3 places from the same team of each event.
- 9.2 Top 4 of the A grade and B grade in Individual All-around will be awarded (Trophy), Top 8 will be awarded (Certificate)
- 9.3 Top 4 of the each category in individual events will be awarded (Medal), Top 8 will be awarded (Certificate)
- 9.4 Top 4 of Team Event (under 16 teams) will be awarded (Trophy), Top 8 of Team Event (17 teams or above) will be awarded (Trophy). No minimum scores requirements are set.
- 9.5 Only a maximum of 2 gymnasts from the same school will be awarded in Individual events.
- 9.6 Gymnasts will be awarded a "Certificate of Merit" if they achieve a score from **12.00-13.49** points in every event. Gymnasts with **13.50** points or above will be awarded a "Certificate of Distinction".

(10) Standards of apparatus :

Specifications of apparatus: Apparatus will be provided by the Organiser, no alternation by participating schools is allowed. (For details of standards of apparatus, please refer to the "movement guidelines & scoring criteria" in HKSSF website : www.hkssf.org.hk)

(11) Competition Attire :

- 11.1 Gymnasts must be properly attired. There will be a deduction of points for competitors not meeting the following requirements:
 - A Grade : According to FIG Regulations
 - B Grade and C Grade : Sportive non-transparent leotard or school sports wear
- 11.2 Gymnasts competing in Team events must be in the same style attire.
- 11.3 All gymnasts must ONLY compete with numbered bibs provided by HKSSF to be affixed at the back of the competition clothing through stitch or pin.
- 11.4 Colour separations are as follows :
 - A Grade : Blue B Grade : Pink C Grade : White

(12) Team Managers Meeting :

- 12.1 The Team Managers Meeting will be held at 16:00 on 15 April 2026 (Wednesday) at Room 105 of the HKSSF's office. Drawing of lots for the Team Events will be conducted, and competition numbered-bibs will be distributed. Rules and regulations will be clearly explained during the meeting.
- 12.2 For collection of the said material and information, please come to Room 201 from 16 April to 24 April 2026 (Mon-Fri: 09:30-13:00 and 14:00-17:00, Sat: 09:00-11:30) in case no representatives can attend the Team Managers Meeting.

Co-organisers



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(13) Others :

- 13.1 Unless stipulated, all rules and regulations will follow the General Rules of HKSSF's Primary Schools Sports Competition and the rules of the Gymnastics Association of the Hong Kong, China.
- 13.2 All participating schools must follow the rules & regulations and the instructions of the Organisers.
- 13.3 If there is an injury or illness of a participant in the Team Event requiring substitution, schools are advised to send in written notes TWO days before the competition to the Secretariat. Such applications should have a relevant Doctor's Certificate attached. If a similar situation happens on the competition day, or during the performance, no substitution will be allowed. Any participant substituted must be one of the participants in the Individual Event. Walk-over will be announced if the above mentioned criteria and requirements are not met.
- 13.4 **Athletes must have their coaches to accompany for warm up and competition, otherwise they will be disqualified. Please refer to (7) Application for Coach Permit.**
- 13.5 **Due to disciplinary and safety reasons, schools are required to appoint a staff member / Team Manager to accompany their students throughout the competition.** If the appointed person is not a staff member, schools are required to complete a registration for such persons. Application must be submitted online at least four working days prior to the Team Manager's assumption of duty. (star.hkssf.org.hk).
- 13.6 Onsite first aid services will be arranged on the competition day.
- 13.7 The Organiser has the right to make any necessary changes and its decision will be final.

(14) Enquiries :

The Schools Sports Federation of Hong Kong, China HKSSF (Competition Management)	The Gymnastics Association of Hong Kong, China GAHK (Technical Issues)
Tel : 2768 8212 Fax : 2768 4525 Website: http://www.hkssf.org.hk Email : external@hkssf.org.hk	Tel : 2504 8233 Fax : 2882 8590 Website: http://www.gahk.org.hk Email : mail@gahk.org.hk

[In case of any discrepancy between the Chinese and English versions, the Chinese version shall prevail.]

中國香港學界體育聯會
The Schools Sports Federation of Hong Kong, China
2025-2026 年度全港小學及中學校際體操比賽
All Hong Kong Inter-Primary and Secondary Schools Gymnastics Competition 2025-2026
比賽時間表 Competition Schedule

日期 Date : 24 / 5 / 2026 (日 Sun)

地點 Venue : 馬鞍山體育館 Ma On Shan Sports Centre

時間 Time	男子組 Boys		女子組 Girls	
08:00-08:50	熱身時段 General Warm Up			
09:00-09:30	小學乙組 Pri B Grade 單槓 HB	小學甲組 Pri A Grade 自由體操 FX	小學甲組 Pri A Grade 平衡木 BB	中學乙組 Sec B Grade 跳馬 VT
09:30-10:00		中學甲組 Sec A Grade 自由體操 FX		
10:00-10:30	小學甲組 Pri A grade 單槓 HB	中學乙組 Sec B Grade 自由體操 FX	中學乙組 Sec B Grade 平衡木 BB	中學甲組 Sec A Grade 跳馬 VT
10:30-11:00		中學丙組 Sec C Grade 自由體操 FX		
11:00-11:30	中學甲組及乙組 Sec A & B grade 單槓 HB	中學丙組 Sec C Grade 自由體操 FX	中學乙組 Sec B Grade 平衡木 BB	小學甲組 Pri A Grade 跳馬 VT
11:30-12:00	中學甲組 Sec A grade 雙槓 PB			
12:00-12:30	小學甲組 Pri A Grade 雙槓 PB	小學男乙 Pri B Grade 自由體操 FX	中學甲組 平衡木熱身 Sec A Grade BB warmup	小學甲組 Pri A Grade 跳馬 VT
12:30-13:30			中學甲組 Sec A Grade 平衡木 BB	
13:30-14:20	熱身時段 General Warm Up			
14:30-15:00	小學乙組 Pri B Grade 跳馬 VT	中學丙組 Sec C Grade 跳馬 VT	中學甲組 Sec A Grade 高低槓 UB	小學甲組 Pri A Grade 自由體操 FX
15:00-15:30			中學乙組 Sec B Grade 自由體操 FX	
15:30-16:00	小學甲組 Pri A Grade 跳馬 VT	中學甲組及乙組 Sec A & B Grade 跳馬 VT	小學甲組 Pri A Grade 高低槓 UB	中學甲組 Sec A Grade 自由體操 FX
16:00-16:30				
16:30-17:00	中學甲組及乙組 Sec A & B Grade 跳馬 VT	小學甲組 Pri A Grade 高低槓 UB	中學甲組 Sec A Grade 自由體操 FX	中學甲組 Sec A Grade 自由體操 FX
17:00-17:30				
17:30-18:00				
18:15	頒獎典禮 Prize Presentation Ceremony			

Remarks:

小學男子甲組 Primary Boys A Grade / 小學男子乙組 Primary Boys B Grade / 小學女子甲組 Primary Girls A Grade
中學男子甲組 Secondary Boys A Grade / 中學男子乙組 Secondary Boys B Grade / 中學男子丙組 Secondary Boys
C Grade / 中學女子甲組 Secondary Girls A Grade / 中學女子乙組 Secondary Girls B Grade

中國香港學界體育聯會
The Schools Sports Federation of Hong Kong, China
2025-2026年度全港小學校際體操比賽
All Hong Kong Inter-Primary Schools Gymnastics Competition 2025-2026

參賽者名單 (男子甲組) Participating List (Boys A Grade)

參賽運動員在召集時，必須出示由中國香港學界體育聯會簽發之2025-2026年度甲組運動員註冊證，否則不能出賽。
Athletes must present their [A Grade](#) 2025-2026 HKSSF Student Registration Card during roll call, otherwise he / she will NOT be allowed to compete.

運動員編號 (Gymnast No.)	中文姓名	Name in English	學校名稱 (School)	School Name	團體 (TM)	自由體操 (FX)	跳馬 (VT)	單槓 (HB)	雙槓 (PB)
301	莫展鳴	Mok Chin Ming	宣道會陳元喜小學	Christian Alliance H.C. Chan Primary School		✓	✓	✓	✓
302	吳希因	Ng Hay Yan	喇沙小學	La Salle Primary School	✓	✓	✓	✓	✓
303	章傑倫	Cheung Kit Lun	喇沙小學	La Salle Primary School	✓	✓	✓	✓	✓
304	譚志賢	Tam Chi Yin	喇沙小學	La Salle Primary School	✓	✓	✓	✓	✓
305	曾善衡	Tsang Sin Hang	路德會梁鉅鏐小學	Leung Kui Kau Lutheran Primary School		✓	✓		
306	梁梓洛	Leung Tze Lok	循道學校	Methodist School		✓		✓	✓
307	黃仲霆	Wong Chung Ting	保良局陸慶濤小學	PLK Luk Hing Too Primary School		✓	✓	✓	✓
308	沈叙霖	Shen Nitai	香港培正小學	Pui Ching Primary School		✓	✓	✓	✓
309	林家樂	Lam Ka Lok	天主教石鐘山紀念小學	Shak Chung Shan Memorial Catholic Primary School	✓	✓	✓	✓	✓
310	胡竣智	Woo Tsun Chi Manson	天主教石鐘山紀念小學	Shak Chung Shan Memorial Catholic Primary School	✓	✓	✓	✓	✓
311	簡志高	Kan Chi Ko Odulf	天主教石鐘山紀念小學	Shak Chung Shan Memorial Catholic Primary School	✓	✓	✓	✓	✓
312	孔慶鏗	Hung Hing Hang	天主教石鐘山紀念小學	Shak Chung Shan Memorial Catholic Primary School	✓	✓	✓	✓	✓
313	潘文亮	Poon Man Leong Derek	聖公會德田李兆強小學	SKH Tak Tin Lee Shiu Keung Primary School		✓	✓	✓	✓
314	丁言一	Ting Yin Yat	順德聯誼總會何日東小學	STFA Ho Yat Tung Primary School			✓		
315	曹正致	Tso Jasper Clayton	香港教育大學賽馬會小學	The EDUHK Jockey Club Primary School		✓	✓	✓	✓

中國香港學界體育聯會
The Schools Sports Federation of Hong Kong, China
2025-2026年度全港小學校際體操比賽

All Hong Kong Inter-Primary Schools Gymnastics Competition 2025-2026

參賽者名單 (男子乙組) Participating List (Boys B Grade)

參賽運動員在召集時，必須出示由中國香港學界體育聯會簽發之2025-2026年度乙組運動員註冊證，否則不能出賽。

Athletes must present their **B Grade** 2025-2026 HKSSF Student Registration Card during roll call, otherwise he / she will NOT be allowed to compete.

Updated on 16 Apr 2026 14:30

運動員編號 (Gymnast No.)	中文姓名	Name in English	學校名稱 (School)	School Name	團體 (TM)	自由體操 (FX)	跳馬 (VT)	單槓 (HB)
401	梁煒諾	Leung Wai Nok	亞斯理衛理小學	Asbury Methodist Primary School		✓	✓	✓
402	方英龍	Fong Ying Lung Dragon	佛教陳榮根紀念學校	Buddhist Chan Wing Kan Memorial School		✓	✓	✓
403	林亦滙	Lam Yik Hong Gary	佛教中華康山學校	Buddhist Chung Wah Kornhill Primary School		✓	✓	✓
404	林駿軒	Lam Jun Hin	九龍塘天主教華德學校	Kowloon Tong Bishop Walsh Catholic School		✓		
405	袁頌凱	Yuen Chung Hoi	九龍塘天主教華德學校	Kowloon Tong Bishop Walsh Catholic School		✓		
406	袁頌程	Yuen Chung Ching	九龍塘天主教華德學校	Kowloon Tong Bishop Walsh Catholic School		✓		
408	廖名立	Liu Ming Lap	喇沙小學	La Salle Primary School	✓	✓	✓	✓
409	梁焯峰	Leung Cheuk Fung Matthew	喇沙小學	La Salle Primary School	✓	✓	✓	✓
410	張紫楓	Chang Javan	喇沙小學	La Salle Primary School	✓	✓	✓	✓
411	鄧倪東	Tang Ngai Tung	喇沙小學	La Salle Primary School	✓	✓	✓	✓
412	陳德和	Chan Tak Wo	樂華天主教小學	Lok Wah Catholic Primary School		✓	✓	
413	袁晞信	Yuen Hei Shun	保良局田家炳千禧小學	PLK Tin Ka Ping Millennium Primary School		✓	✓	✓
414	林佑藍	Lam, Yau Lam	啓新書院	Renaissance College		✓	✓	✓
415	李日喬	Li Yat Kiu	深井天主教小學	Sham Tseng Catholic Primary School		✓	✓	✓
416	譚軒睿	Tam Hin Yui	聖公會馬鞍山主風小學	SKH Ma On Shan Holy Spirit Primary School		✓		
417	葉智薰	Yip Chi Fan	德信學校	Tak Sun School		✓		✓
418	譚樂軒	Tan Lok Hin	東華三院蔡榮星小學	TWGHs Tsoi Wing Sing Primary School		✓	✓	✓

中國香港學界體育聯會
The Schools Sports Federation of Hong Kong, China
2025-2026年度全港小學校際體操比賽
All Hong Kong Inter-Primary Schools Gymnastics Competition 2025-2026

參賽者名單 (女子甲組) Participating List (Girls A Grade)

參賽運動員在召集時，必須出示由中國香港學界體育聯會簽發之2025-2026年度甲組運動員註冊證，否則不能出賽。
Athletes must present their A Grade 2025-2026 HKSSF Student Registration Card during roll call, otherwise he / she will NOT be allowed to compete.

運動員編號 (Gymnast No.)	中文姓名	Name in English	學校名稱 (School)	School Name	團體 (TM)	自由體操 (FX)	跳馬 (VT)	平衡木 (BB)	高低槓 (UB)
3001	林熙桐	Lam, Hei Tung Keira	香港澳洲國際學校	Australian International School Hong Kong		✓	✓	✓	✓
3002	蘇妍惠	So Yin Wai	天主教總堂區學校	Catholic Mission School		✓			
3003	陳海昕	Chan Hoi Yan	鐘聲學校	Chung Sing School		✓	✓	✓	
3004	歐綵雋	Au Choi Wai	拔萃女小學	Diocesan Girls' Junior School		✓	✓	✓	✓
3005	黃允祈	Wong Wan Ki Priscilla	基督教香港信義會宏信書院	ELCHK Lutheran Academy		✓	✓	✓	✓
3006	蘇向晴	So Heung Ching Ginny	基督教香港信義會宏信書院	ELCHK Lutheran Academy		✓	✓	✓	✓
3007	羅芍忻	Lo Cheuk Yan	福建中學附屬學校	Fukien Secondary School Affiliated School		✓	✓	✓	✓
3008	譚亦芊	Tam Yik Chin	福建中學附屬學校	Fukien Secondary School Affiliated School		✓	✓	✓	✓
3009	林逸心	Lam Yat Sum	德望小學暨幼稚園	Good Hope Primary School cum Kindergarten			✓		
3010	葉千浪	Ip Chin Bui Belle	德望小學暨幼稚園	Good Hope Primary School cum Kindergarten		✓			
3011	王曉嵐	Wong Hiu Laam	香港浸信會聯會小學	HK Baptist Convention Primary School		✓	✓		
3012	葉焯翹	Ip Cheuk Kiu	嘉諾撒聖家學校	Holy Family Canossian School		✓	✓	✓	✓
3013	林心柔	Lam, Nevaeh Sum Yau	基督教國際學校 - 小學	International Christian School - Elementary		✓	✓	✓	✓
3014	黎潔芯	Lai Kit Sum	英皇書院同學會小學	King's College Old Boys' Association Primary School		✓	✓	✓	✓
3015	黃千桐	Huang Qian Tong	樂華天主教小學	Lok Wah Catholic Primary School		✓	✓	✓	✓
3016	錢之夏	Chin Gina	馬鞍山循道衛理小學	Ma On Shan Methodist Primary School					✓
3017	黃晞桐	Wong Paige Adriana	瑪利諾修院學校(小學部)	Maryknoll Convent School (Primary Section)	✓	✓	✓	✓	✓
3018	霍綺鏘	Fok Hei Shun Hazel	瑪利諾修院學校(小學部)	Maryknoll Convent School (Primary Section)	✓	✓	✓	✓	✓
3019	萬梓彤	Man Tsz Tung Toni	瑪利諾修院學校(小學部)	Maryknoll Convent School (Primary Section)	✓	✓	✓	✓	✓
3020	陳子韻	Chan Karlie Tsz Wan	瑪利諾修院學校(小學部)	Maryknoll Convent School (Primary Section)	✓	✓	✓		

2025-2026年度全港小學校際體操比賽
All Hong Kong Inter-Primary Schools Gymnastics Competition 2025-2026

參賽者名單 (女子甲組) Participating List (Girls A Grade)

參賽運動員在召集時，必須出示由中國香港學界體育聯合會簽發之2025-2026年度甲組運動員註冊證，否則不能出賽。
Athletes must present their **A Grade** 2025-2026 HKSSF Student Registration Card during roll call, otherwise he / she will NOT be allowed to compete.

運動員編號 (Gymnast No.)	中文姓名	Name in English	學校名稱 (School)	School Name	團體 (TM)	自由體操 (FX)	跳馬 (VT)	平衡木 (BB)	高低槓 (UB)
3021	-	Zhang Josephine	瑪利諾修院學校(小學部)	Maryknoll Convent School (Primary Section)	✓		✓		
3022	江子悠	Kong Tsz Yau	瑪利諾修院學校(小學部)	Maryknoll Convent School (Primary Section)				✓	
3023	傅千澄	Fu Chin Ching	保良局方王錦全小學	PLK Fong Wong Kam Chuen Primary School		✓	✓	✓	
3024	石蘊琦	Juschka Carina Heidelinde	保良局雨川小學	PLK Riverain Primary School		✓	✓	✓	✓
3025	林梓晴	Lam Tsz Ching	香港培道小學	Pooi To Primary School		✓	✓	✓	✓
3026	謝一心	Tse Yat Sum	香港培正小學	Pui Ching Primary School		✓	✓		
3027	鄭悅希	Cheng Yuet Hei	香港培正小學	Pui Ching Primary School		✓	✓		
3028	吳浣茵	Ng Din Yan	香港培正小學	Pui Ching Primary School		✓	✓		✓
3029	陳若希	Chan Yolanda	香港培正小學	Pui Ching Primary School		✓	✓		
3030	鄺天欣	Kwong Tin Yan	聖公會仁立紀念小學	S.K.H. Yan Laap Memorial Primary School		✓	✓	✓	✓
3031	陳穎賢	Chan Wing Yin	天主教石鐘山紀念小學	Shak Chung Shan Memorial Catholic Primary School	✓	✓	✓	✓	✓
3032	蔡芷琳	Tsoi Chi Lam	天主教石鐘山紀念小學	Shak Chung Shan Memorial Catholic Primary School	✓	✓	✓	✓	✓
3033	何姿橙	He Chi Chang	天主教石鐘山紀念小學	Shak Chung Shan Memorial Catholic Primary School	✓	✓	✓	✓	✓
3034	譚晞兒	Tam Hei Yee Hailey	聖公會基福小學	SKH Kei Fook Primary School		✓			
3035	何儀瞳	Ho Sin Tung Hayslee	聖瑪加利男女英文中小學	St. Margaret's Co-educational English Secondary & Primary School		✓			
3036	姚可嵐	Yiu Trissie	聖保羅男女中學附屬小學	St. Paul's Co-educational College Primary School		✓	✓	✓	✓
3037	林絲桐	Lam Sze Tung	大埔浸信會公立學校	Tai Po Baptist Public School		✓	✓	✓	✓
3038	劉樂庭	Lau Caroline	崇真小學暨幼稚園	Tsung Tsin Primary School and Kindergarten		✓	✓	✓	✓
3039	梁子然	Leung Tsz Yin Lila	和富慈善基金李宗德小學	W F Joseph Lee Primary School		✓	✓	✓	✓
3040	吳殷晴	Ng Yan Ching	油蔴地天主教小學(海泓道)	Yaumati Catholic Primary School (Hoi Wang Road)		✓	✓	✓	✓