

# All Hong Kong Inter-Secondary Schools Gymnastics Competition 2024-2025

## 2024-2025 年度全港中學校際體操比賽



日期 Date	時間 Time	地點 Venue	賽程 Match
11 May 2025 (日 Sun)	08:00 - 18:00	馬鞍山體育館 Ma On Shan Sports Centre	中學女子丙組 Secondary Girls C Grade
24 May 2025 (六 Sat)	08:00 - 1900		中學男子甲、乙、丙組 中學女子甲、乙組 Secondary Boys A, B, C Grade Secondary Girls A, B Grade

合辦機構



中國香港學界體育聯會



中國香港體操總會

資助機構



康樂及文化事務署



政府資助計劃

中國香港學界體育聯會  
2024-2025年度全港中學校際體操比賽

【章 則】



(一) 主辦機構、比賽日期及地點：

1.1 比賽由中國香港學界體育聯會及中國香港體操總會聯合主辦、康樂及文化事務署資助。

1.2 比賽日程

日期	時間	地點	組別
10/5/2025 (六)	08:00-18:00	馬鞍山體育館	小學組及中學組
11/5/2025 (日)			
24/5/2025 (六)			
25/5/2025 (日)			

1.2.1 上述時間表只供參考，賽會將按本年度報名參賽人數而安排比賽日期。

1.2.2 區別及組別之劃分，均視乎報名參賽人數再由賽會作最後決定。

1.2.3 本屆賽事不設預賽，所有個人項目直入決賽。

(二) 參賽資格：

2.1 參賽學校必須為2024-2025年度中國香港學界體育聯會之會員學校。

2.2 參賽學生必須為2024-2025年度中國香港學界體育聯會之註冊運動員。

2.3 參賽組別之年齡限制：

➤ 甲組：參賽學生必須在2006年1月1日或以後出生者。

➤ 乙組：參賽學生必須在2009年1月1日或以後出生者。

➤ 丙組：參賽學生必須在2011年1月1日或以後出生者。

2.4 參賽學生必須在比賽前，向職員出示由中國香港學界體育聯會簽發之2024 - 2025年度運動員註冊證(電子)，否則不能出賽。

(三) 比賽組別及項目：

組別/ 項目	男子組				女子組			
	自由體操	跳馬	單槓	雙槓	自由體操	跳馬	平衡木	高低槓
甲組	✓	✓	✓	✓	✓	✓	✓	✓
乙組	✓	✓	✓	--	✓	✓	✓	--
丙組	✓	✓	--	--	✓	✓	--	--

➤ 甲組(四項)：包括團體、個人全能及單項

➤ 乙組(三項)：包括團體、個人全能及單項

➤ 丙組(兩項)：包括團體及個人項目

3.1 如團體參賽隊數少於兩隊或個人項目參賽人數少於2人，賽會將取消該等項目之賽事。而有關款項將會退還。

**(四) 重要日期：**

- 4.1 **截止報名：2025年3月24日(星期一)**
- 4.2 **確認報名資料：2025年3月27日(星期四)**  
參賽者名單將於2025年3月26日(星期三)中午12:00上載到學體會網頁，請各學校自行到網上查閱以確保資料準確。如發現任何錯誤或遺漏，請於**3月27日(星期四)下午5時前**致電2768 8212與本會職員聯絡。
- 4.3 **領隊會議：2025年4月8日(星期二)下午4時假中國香港學界體育聯會105會議室舉行**  
領隊會議將闡釋比賽詳情及派發運動員號碼布，並進行團體賽學校出場序抽籤，參賽學校請派代表出席。
- 4.4 **截止「教練證」申請：2025年4月8日(星期二)**  
申請詳情請參閱第七項。教練名單請於4月12日在網頁上供查閱。
- 4.5 **比賽賽程公布：2025年4月10日至4月15日**  
比賽賽程、報到時間及注意事項將在本會網頁公布，不會另函通知，參賽學校請自行到網頁上下載。

**(五) 比賽次序：**

- 5.1 團體賽運動員將先於單項運動員作賽。
- 5.2 參與團體賽隊伍之出場序將於領隊會議中抽籤決定。

**(六) 報名詳情：**

- 6.1 團體賽每校每組限報1隊，每隊最多報5人，最少報3人。個人全能及單項賽每校每組報名總人數最多15人。(參加個人全能運動員必須完成所有所屬組別之所有項目)
- 6.2 報名費：團體每組 港幣350元、單項每人每項 港幣120元。
- 6.3 學校須於網上完成報名程序並提交資料後，將報名表首頁列印，由校長簽署及蓋上校印，連同劃線支票抬頭「中國香港學界體育聯會」，於截止報名日期後的兩星期內寄交回「九龍何文田迦密村街7號201室中國香港學界體育聯會 對外事務辦事處」，並註明「全港中學校際體操比賽報名表」
- 6.4 所有報名手續應交由學校統一處理，即每校每組只能遞交一份報名表格。
- 6.5 除運動員因在比賽前受傷或身體不適外，截止報名後，不得更換運動員。詳情請參閱13.3。
- 6.6 **截止報名日期：2025年3月24日(星期一)**。逾時報名將不被接納。

**(七) 「教練證」申請方法：**

為加強及保障運動員在比賽期間之安全，所有中國香港體操總會(體操總會)主辦的賽事，在比賽場區協助運動員熱身及作賽的人士，必須為體操總會之註冊教練或體育教師。請各參賽會員學校之教練或體育教師，如需在比賽場區範圍內協助運動員熱身及作賽，須於4月8日前辦理以下手續：

- 7.1 **教練：必須完成步驟一及步驟二**
- 7.2 **體育教師：直接進行步驟二**

**步驟一：向中國香港體操總會註冊** [www.gahk.org.hk](http://www.gahk.org.hk) 查詢電話：2504 8233

- 1. 教練必須向體操總會註冊為有效之競技體操教練；
- 2. 由體操總會審批註冊；
- 3. 註冊成功者，將獲編配「教練註冊號碼\*」。

**步驟二：向中國香港學界體育聯會申請「教練證」**

- 4. 申請者請填寫學界體操比賽之「教練證申請表格」，並填上「教練註冊號碼\*」及必須提交個人近照，詳情請參閱章則第七點。(\*適用於教練)
- 5. **截止申請日期：2025年4月8日(星期二)。**

### 注意事項:

- ~ 所有教練證申請名單將於 **2025 年 4 月 12 日**在學體會網頁上公布，並於比賽日獲發「教練證」。
- ~ 比賽期間，教練證持有人必須配帶「教練證」才能進入比賽場區保護及協助運動員作賽。如有違失者，請前往司令台登記補發，本會將收取\$50 元補發手續費。
- ~ 未有佩帶「教練證」者，一律不能進入比賽場區。

### (八) 裁判:

- 8.1 所有裁判員將由中國香港體操總會派出及執法。**本賽事不設上訴**，所有有關技術性事宜的裁決，應以當日總裁判決定為最後裁決。
- 8.2 所有評分準則將依照『**2022-2024 年國際體操聯盟-評分規則**』執行。
- 8.3 有關比賽動作及評分準則資料，將由中國香港體操總會編定。詳情請瀏覽學體會或體操總會網頁。

### (九) 計分方法及獎勵:

- 9.1 每名運動員於單項賽所得之分數將同時用作計算其個人全能及單項成績。而團體賽則取每隊每項最佳的3位運動員之得分總和作為該隊團體分。
- 9.2 設個人全能及獎項獎前四名(獎盃)，前八名獲頒證書。
- 9.3 各組單項賽獎前四名(獎牌)，前八名獲頒證書。
- 9.4 團體賽：每組參賽校數16隊或以下獎前四名(獎盃)、17隊或以上獎前八名(獎盃)，不設最低得分要求。
- 9.5 於個人全能單項比賽，同一學校最多有2名運動員獲獎。
- 9.6 運動員於每項目得分達**12.00—13.49**分可獲發良好證書；得分達**13.50分或以上**可獲發優異證書。
- 9.7 若報名隊數/人數未達到該頒發之獎項數量，則以N—1制度處理。

### (十) 器械規格：比賽器械由賽會提供，參賽隊伍不得擅自更換。詳情請參閱動作大綱。

### (十一) 比賽服裝:

- 11.1 運動員應穿著合適之比賽服裝，如不符下列規定者，將被扣分。
  - 甲組運動員必須穿著體操服 (按國際體操比賽規則)。
  - 乙組及丙組運動員可穿著體操服或學校運動服。
- 11.2 團體賽運動員必須穿著劃一比賽服。
- 11.3 所有參賽運動員號碼由賽會編訂，並由賽會提供號碼布。參賽運動員必須佩戴號碼布方能出賽，號碼布可用針線 / 扣針縫合於比賽服裝背面，以能清楚顯示為準。
- 11.4 各組號碼布顏色分別如下：  
甲組~藍色      乙組~粉紅色      丙組~白色

### (十二) 領隊會議:

- 12.1 領隊會議於**2025年4月8日(星期二)下午4時假中國香港學界體育聯會105會議室**舉行。會上將闡釋比賽詳情及派發運動員號碼布，並進行團體賽學校出場序抽籤，參賽學校請派代表出席。
- 12.2 如當天未有出席者，可於**2025年4月10日至4月16日期間(星期一至五09:30-13:00 及 14:00-17:00，星期六09:00-11:30)**親臨學體會201室領取有關資料。

### (十三) 其他:

- 13.1 除特別聲明外，比賽將依照「中國香港體操總會」所訂之規則及學體會所訂之「中學體育比賽通則」執行。
- 13.2 所有參賽學校必須遵守賽會所訂定的各項規則及編排。

- 13.3 如參與團體賽之運動員於比賽前受傷或身體不適，而需由另一位運動員補上，必須於比賽前兩天以書面向賽會申請，並需附上醫生證明文件為證；但於比賽中受傷或當日身體不適者，一概不准替換。替補運動員須為單項賽其中一員。如未能符合上述要求者作棄權論。
- 13.4 **運動員必須由教練陪同熱身及比賽，否則論作棄權。**
- 13.5 基於紀律及安全的考慮，各參賽學校必須委派一位全職教職員或已向聯會登記之非本校教職員領隊，在場內陪同參賽學生，直至比賽完畢為止。該人士同時需對參賽學生及其支持者於場內和場外的行為負上全責。登記方法:須於執行領隊工作前四個工作天透過聯會網上提交申請([star.hkssf.org.hk](http://star.hkssf.org.hk))。
- 13.6 比賽當天將安排現場急救服務。
- 13.7 章程及規則如有未盡善處，賽會保留最後修改權利。

**(十四) 查詢：**

中國香港學界體育聯會 (賽務事宜)	中國香港體操總會 (技術事宜)
電話：2768 8212	電話：2504 8233
傳真：2768 4525	傳真：2882 8590
網址： <a href="http://www.hkssf.org.hk">http://www.hkssf.org.hk</a>	網址： <a href="http://www.gahk.org.hk">http://www.gahk.org.hk</a>
電郵： <a href="mailto:external@hkssf.org.hk">external@hkssf.org.hk</a>	電郵： <a href="mailto:mail@gahk.org.hk">mail@gahk.org.hk</a>

〔本章則英文譯本與中文原文不一致時，以中文文本為準〕

**The Schools Sports Federation of Hong Kong, China**  
**All Hong Kong Inter-Secondary Schools Gymnastics Competition 2024-2025**

## 【 General Rules 】



Co-organisers



Subvented by



### (1) Organisers, Competition Dates & Venue :

- 1.1 The Competition is co-organised by the Schools Sports Federation of Hong Kong, China (HKSSF) and the Gymnastics Association of Hong Kong, China (GAHK), and is subvented by the Leisure and Cultural Services Department (LCSD).

#### 1.2 Competition Date

Date	Time	Venue	Category
10/5/2025 (Sat)	08:00-18:00	Ma On Shan Sports Centre	Primary and Secondary Schools
11/5/2025 (Sun)			
24/5/2025 (Sat)			
25/5/2025 (Sun)			

- 1.2.1 The Organiser will arrange the competition dates based on the number of participants. The above schedule is for reference only.
- 1.2.2 The division of areas or pools will be subject to the final enrollment status. The organiser reserves the right to make any final decision.
- 1.2.3 No Preliminary Rounds in this competition, all Individual events will straight to finals.

### (2) Eligibility :

- 2.1 Participating school must be member schools of the Schools Sports Federation of Hong Kong, China 2024-2025.
- 2.2 Participants must have registered with the Schools Sports Federation of Hong Kong, China for the year 2024-2025.
- 2.3 Participants must be born on :
- A Grade: must be born on or after 1 January 2006.
  - B Grade: must be born on or after 1 January 2009.
  - C Grade: must be born on or after 1 January 2011.

**2.4 Participants MUST present their valid Student Athletes Registration Card 2024-2025 (Electronic) when reporting. Failure to do so will result in disqualification.**

### (2) Category, Level & Event :

Level/ Event	Boys Category				Girls Category			
	Floor Exercise	Vault	Horizontal Bar	Parallel Bars	Floor Exercise	Vault	Balance Beam	Uneven Bars
A Grade	✓	✓	✓	✓	✓	✓	✓	✓
B Grade	✓	✓	✓	-	✓	✓	✓	-
C Grade	✓	✓	-	-	✓	✓	-	-

- A Grade (Four events): Including Team Event, Individual All-around & Individual Event
- B Grade (Three events): Including Team Event, Individual All-around & Individual Event
- C Grade (Two events): Including Team Event & Individual Event

- 3.1 Any team / individual events with less than two entries will be cancelled and refunds will be made accordingly.



**(4) Dates of Importance :**

- 4.1 **Closing Date: 24 March 2025 (Monday)**
- 4.2 **Confirmation of Entry: 27 March 2025 (Thursday)**  
The participation list will be uploaded at 12:00, on 26 March 2025 (Wednesday) on HKSSF's website. Please report to HKSSF's Secretariat at 2768 8212 in case of any missing or incorrect data before 17:00, 27 March 2025 (Thursday).
- 4.3 **Team Managers Meeting: 8 April 2025 (Tuesday)**  
The Team Managers Meeting will be held at 16:00, on 8 April 2025 at Room 105 of the HKSSF's office. Drawing of lots for the Team Events will be conducted and competition numbered-bibs will be distributed. The rules and regulations will be clearly explained during the meeting.
- 4.4 **Application for Coach Permit: 8 April 2025 (Tuesday)**  
For details, please refer to point 7. The list of Coach Permit Holders will be uploaded on HKSSF website on 12 April 2025.
- 4.5 **Competition Schedule: 10-15 April 2025**  
Please download competition schedules via HKSSF's website. No further notifications will be made to schools.

**(5) Sequence of Play :**

- 5.1 Athletes who take part in team events will complete the Individual events first.
- 5.2 The sequence of play for team events will be decided during the drawing of lots at the team managers meeting.

**(6) Enrollment Details :**

- 6.1 Team Events: Each school can enter a maximum of 1 team, with a maximum of 5 athletes and a minimum of 3 athletes, for each category. Individual All-around & Individual Event: Each school can enter a maximum of 15 athletes for each category.
- 6.2 Entry Fee: \$350 per team for each level and category; \$120 for each athlete in individual event categories.
- 6.3 **Schools are required to submit the entry through our online entry system before deadline. Late submission will not be accepted. The front page of the entry form should be printed out after online submission and have it signed by Principal with school stamp. Completed entry form should be posted back within two weeks after the deadline together with entry fee (with a crossed cheque payable to "The Schools Sports Federation of Hong Kong, China")**  
**to : 「 The Schools Sports Federation of Hong Kong, China (External Office)**  
**Room 201, 7 Carmel Village Street, Homantin, Kowloon**  
**All Hong Kong Inter-Secondary Schools Gymnastics Competition – Entry Form 」**
- 6.4 To avoid double entries, ONLY entry forms submitted by schools will be accepted.
- 6.5 Substitution of participants will not be considered after the closing date except for medical withdrawal. For details, please refer to point 13.3
- 6.6 **Closing Date: 24 March 2025 (Monday).** No late applications will be accepted.

**(7) Application for Coach Permit:**

To further reinforce the safety precautions to protect gymnasts, only registered coaches or P.E. Teachers are allowed to enter competition area to protect gymnasts during warm-up and competition for all competitions organised by Gymnastics Association of Hong Kong, China (GAHK). **All coaches or P.E. Teachers who wish to enter the competition area must complete the following step(s) on or before 8 April 2025 :**

- 7.1 **Coaches : please process both Step (1) and Step (2) ;**
- 7.2 **P.E. Teachers: process Step (2) only**

**Step (1) Register at GAHK:**

1. Coaches register at GAHK [www.gahk.org.hk](http://www.gahk.org.hk) : Contact tel no of GAHK : 2504 8233.
2. Application process by GAHK;
3. Successful applicants will receive Registered Numbers from GAHK;

**Step (2) Apply Coach Permit at the Schools Sports Federation of Hong Kong, China:**

4. Registered coaches and P.E. Teachers must fill in Coach Permit Application Form, with registered numbers\* and affix a recent photo. For details, please refer to General Rules point 7. (\*Registered numbers: applicable to coaches only)
5. **Closing Date for Coach Permit: 8 April 2025 (Tuesday)**

**Points to note:**

- ~ The list of Coach Permit Holders will be uploaded on HKSSF's web on **12 April 2025** and the Coach Permits will distribute on day of competition;
- ~ All Coach Permit Holders must show the Valid Coach Permit when entering the competition area. Please report to the Secretariat in case of loss of Coach Permit. Reissue of permit requires \$50. as administration fee.
- ~ Unregistered coaches are NOT allowed to enter the competition area.

**(8) Referee :**

- 8.1 Referees will be appointed by GAHK. The decision of the Referees shall be final. **No appeals will be entertained for this competition after the Referees have confirmed a decision.**
- 8.2 The 2022-2024 CODE of POINTS of the International Gymnastics Federation (FIG) will be adopted. For details, please refer to GAHK's website.
- 8.3 For details of routines and scoring schemes, please refer to HKSSF's and GAHK's website.

**(9) The Awards :**

- 9.1 The points scored in each individual event will also be counted for the Individual All-around. For Team Events, the final points will be counted as the sum of the best 3 places from the same team of each event.
- 9.2 Top 4 of the A grade and B grade in Individual All-around will be awarded (Trophy), Top 8 will be awarded (Certificate)
- 9.3 Top 4 of the each category in individual events will be awarded (Medal), Top 8 will be awarded (Certificate)
- 9.4 Top 4 of Team Event (under 16 teams) will be awarded (Trophy), Top 8 of Team Event (17 teams or above) will be awarded (Trophy). No minimum scores requirements are set.
- 9.5 Only a maximum of 2 gymnasts from the same school will be awarded in Individual events.
- 9.6 Gymnasts will be awarded a "Certificate of Merit" if they achieve a score from **12.00-13.49** points in every event. Gymnasts with **13.50** points or above will be awarded a "Certificate of Distinction".
- 9.7 N-1 system will be applied in case the total of enrolled teams / athletes does not reach the total number of awards to be presented.

**(10) Standards of apparatus :**

Specifications of apparatus: Apparatus will be provided by the Organiser, no alternation by participating schools is allowed. (For details of standards of apparatus, please refer to the "movement guidelines & scoring criteria" in HKSSF website : [www.hkssf.org.hk](http://www.hkssf.org.hk))

**(11) Competition Attire :**

- 11.1 Gymnasts must be properly attired. There will be a deduction of points for competitors not meeting the following requirements:
  - A Grade : According to FIG Regulations
  - B Grade and C Grade : Sportive non-transparent leotard or school sports wear
- 11.2 Gymnasts competing in Team events must be in the same style attire.
- 11.3 All gymnasts must ONLY compete with numbered bibs provided by HKSSF to be affixed at the back of the competition clothing through stitch or pin.
- 11.4 Colour separations are as follows :  
A Grade : Blue      B Grade : Pink      C Grade : White

**(12) Team Managers Meeting :**

- 12.1 The Team Managers Meeting will be held at 16:00 on 8 April 2025 (Tuesday) at Room 105 of the HKSSF's office. Drawing of lots for the Team Events will be conducted, and competition numbered-bibs will be distributed. Rules and regulations will be clearly explained during the meeting.
- 12.2 For collection of the said material and information, please come to Room 201 from 10 April to 16 April 2025 (Mon-Fri: 09:30-13:00 and 14:00-17:00, Sat: 09:00-11:30) in case no representatives can attend the Team Managers Meeting.

**(13) Others :**

- 13.1 Unless stipulated, all rules and regulations will follow the General Rules of HKSSF's Secondary Schools Sports Competition and the rules of the Gymnastics Association of the Hong Kong, China.



- 13.2 All participating schools must follow the rules & regulations and the instructions of the Organisers.
- 13.3 If there is an injury or illness of a participant in the Team Event requiring substitution, schools are advised to send in written notes TWO days before the competition to the Secretariat. Such applications should have a relevant Doctor's Certificate attached. If a similar situation happens on the competition day, or during the performance, no substitution will be allowed. Any participant substituted must be one of the participants in the Individual Event. Walk-over will be announced if the above mentioned criteria and requirements are not met.
- 13.4 **Athletes must have their coaches to accompany for warm up and competition, otherwise they will be disqualified.**
- 13.5 Due to disciplinary and safety reasons, schools are required to appoint a staff member / Team Manager to accompany their students throughout the competition. If the appointed person is not a staff member, schools are required to complete a registration for such persons. Application must be submitted online at least four working days prior to the Team Manager's assumption of duty. (star.hkssf.org.hk).
- 13.6 Onsite first aid services will be arranged on the competition day.
- 13.7 The Organiser has the right to make any necessary changes and its decision will be final.

**(14) Enquiries :**

The Schools Sports Federation of Hong Kong, China HKSSF (Competition Management)	The Gymnastics Association of Hong Kong, China GAHK (Technical Issues)
Tel : 2768 8212 Fax : 2768 4525 Website: <a href="http://www.hkssf.org.hk">http://www.hkssf.org.hk</a> Email : external@hkssf.org.hk	Tel : 2504 8233 Fax : 2882 8590 Website: <a href="http://www.gahk.org.hk">http://www.gahk.org.hk</a> Email : mail@gahk.org.hk

***[In case of any discrepancy between the Chinese and English versions, the Chinese version shall prevail.]***

中國香港學界體育聯會  
The Schools Sports Federation of Hong Kong, China  
2024-2025年度全港中學校際體操比賽

All Hong Kong Inter-Secondary Schools Gymnastics Competition 2024-2025

比賽時間表 Competition Schedule

日期 Date : 11/5/2025 (日 Sun)  
地點 Venue : 馬鞍山體育館 Ma On Shan Sports Centre

中學女子丙組  
Secondary Girls C Grade

時間 Time		跳馬 Vaulting	自由體操 Floor Exercise
13:15 - 13:25	報到 Reporting		
13:25 - 13:55	熱身 Warm Up	G1	G2
13:55 - 14:40	比賽 Competition		
14:00 - 14:10	報到 Reporting		
14:10 - 14:40	熱身 Warm Up	G3	G4
14:40 - 15:25	比賽 Competition		
14:45 - 14:55	報到 Reporting		
14:55 - 15:25	熱身 Warm Up	G2	G1
15:25 - 16:10	比賽 Competition		
15:30 - 15:40	報到 Reporting		
15:40 - 16:10	熱身 Warm Up	G4	G3
16:10 - 16:55	比賽 Competition		
17:15	頒獎典禮 Prize Presentation Ceremony		

中國香港學界體育聯會  
The Schools Sports Federation of Hong Kong, China  
2024-2025年度全港中學校際體操比賽  
All Hong Kong Inter-Secondary Schools Gymnastics Competition 2024-2025

**中學女子丙組**  
**Secondary Girls C Grade**

G1			
S-022	*	賽馬會體藝中學	8
S-047	*	港青基信書院	3
S-009		拔萃女書院	1
S-033		創知中學	5
S-046		滬江維多利亞學校(中學部)	1
S-048		仁愛堂田家炳中學	1

G2			
S-030	*	香港培正中學	3
S-019	*	基督教國際學校	4
S-004		中華基督教會基朗中學	1
S-010		基督教香港信義會心誠中學	2
S-015		可道中學 ( 薈色園主辦 )	1
S-020		Invictus Secondary School	1
S-027		萬鈞伯裘書院	1
S-036		聖公會白約翰會督中學	1
S-042		弘立書院	2
S-043		南島中學	2
S-045		匯基書院(東九龍)	1

G3			
S-028	*	瑪利諾修院學校(中學部)	9
S-039		香港神託會培基書院	1
S-001		香港澳洲國際學校	2
S-003		迦密聖道中學	1
S-017		何文田官立中學	1
S-023		英皇佐治五世學校	3
S-025		世界龍岡學校劉皇發中學	1
S-044		東華三院辛亥年總理中學	1

G4			
S-024	*	林大輝中學	5
S-013	*	德望學校	3
S-002		浸信會呂明才中學	1
S-005		宣道國際學校	1
S-011		優才(楊殷有娣)書院(中學部)	1
S-016		嘉諾撒聖家書院	1
S-018		香港國際學校	1
S-021		港島中學	1
S-032		禮賢會彭學高紀念中學	1
S-035		天主教崇德英文書院	1
S-037		嘉諾撒聖瑪利書院	1
S-038		聖保羅男女中學	1
S-041		基督教香港信義會元朗信義中學	1

\* 參與團體賽的隊伍 Event's Participating Teams (7隊 Teams)

中國香港學界體育聯會  
The Schools Sports Federation of Hong Kong, China  
2024-2025年度全港中學校際體操比賽

All Hong Kong Inter-Secondary Schools Gymnastics Competition 2024-2025

參賽者名單 (女子丙組) Participating List (Girls C Grade)

參賽運動員在召集時，必須出示由中國香港學界體育聯會簽發之2024-2025年度丙組運動員註冊證，否則不能出賽。

Athletes must present their C Grade 2024-2025 HKSSF Student Registration Card during roll call, otherwise he / she will NOT be allowed to compete.

運動員編號 (Gymnast No.)	中文姓名	Name in English	學校名稱 (School)	School Name	團體 (TM)	自由體操 (FX)	跳馬 (VT)
2001	鍾鋼湑	Chung Yan Hei	香港澳洲國際學校	Australian International School Hong Kong		✓	✓
2002	黃妍榛	Wong, Bella Yin So	香港澳洲國際學校	Australian International School Hong Kong		✓	✓
2003	黃恩盼	Wong Yan Pan	浸信會呂明才中學	Baptist Lui Ming Choi Secondary School		✓	✓
2004	劉欣廷	Lau, Felicity	迦密聖道中學	Carmel Holy Word Secondary School		✓	✓
2005	梁穎沂	Leung Wing Yi Melody	中華基督教會基朗中學	CCC Kei Long College		✓	✓
2006	邢煒晴	Ying Cass	宣道國際學校	Christian Alliance International School		✓	✓
2007	徐悅然	Xu Yuet Yin	拔萃女書院	Diocesan Girls' School		✓	✓
2008	蘇芊彤	So Chin Tung Rellaa	基督教香港信義會心誠中學	Fanling Lutheran Secondary School		✓	✓
2009	梁小冬	Leung Siu Tung	基督教香港信義會心誠中學	Fanling Lutheran Secondary School		✓	✓
2010	林潔鈞	Lam Lok Ka	優才(楊殷有娣)書院(中學部)	G. T. (Ellen Yeung) College (Sec. Section)		✓	✓
2011	郭彥希	Kwok Yin Hei	德望學校	Good Hope School	✓	✓	✓
2012	陳靜霖	Chan Ching Lam Megan	德望學校	Good Hope School	✓	✓	✓
2013	廖海晴	Liu Hoi Ching Serene	德望學校	Good Hope School	✓	✓	✓
2014	葉昕蕎	Yip Yan Kiu	可道中學 ( 薔色園主辦 )	Ho Dao College (Sponsored by Sik Sik Yuen)		✓	✓
2015	王心兒	Wong Sum Yee Avana	嘉諾撒聖家書院	Holy Family Canossian College		✓	✓
2016	趙諾童	Zhao Nok Tung Tiffany	何文田官立中學	Homantin Government Secondary School		✓	✓
2017	劉梓晴	Lau, Sophia Tsz Ching	香港國際學校	Hong Kong International School		✓	✓
2018	馬惠怡	Maronilla, Jana Kristen Choy	基督教國際學校	International Christian School	✓	✓	✓
2019	松勵恩	Pine, Kathryn Li En	基督教國際學校	International Christian School	✓	✓	✓
2020	麥允弦	Mak, Wan Yin Ivana	基督教國際學校	International Christian School	✓	✓	✓
2021	黃芊予	Wong, Chin Yu Claire	基督教國際學校	International Christian School		✓	
2022	譚詩韻	Tan Sze Wan	Invictus Secondary School	Invictus Secondary School		✓	✓
2023	-	Yao, Zoe Siu Yi	港島中學	Island School		✓	✓
2024	曾嬌兒	Tsang Ho Yee Chloe	賽馬會體藝中學	Jockey Club Ti-I College	✓	✓	✓
2025	陳朗晴	Chan Long Ching Gladys	賽馬會體藝中學	Jockey Club Ti-I College	✓	✓	✓
2026	江詠琳	Kong Wing Lam	賽馬會體藝中學	Jockey Club Ti-I College	✓	✓	✓
2027	余芷蘊	Yu Tsz Wan	賽馬會體藝中學	Jockey Club Ti-I College	✓	✓	✓
2028	黃焯霖	Wong Cheuk Lam	賽馬會體藝中學	Jockey Club Ti-I College	✓	✓	✓
2029	周芷瑩	Chau Tsz Ying	賽馬會體藝中學	Jockey Club Ti-I College		✓	✓
2030	鄭滢月	Cheng Chi Yuet	賽馬會體藝中學	Jockey Club Ti-I College		✓	✓
2031	許鈞淳	Hui Kwan Shun	賽馬會體藝中學	Jockey Club Ti-I College		✓	✓
2032	-	Jain Sanaah	英皇佐治五世學校	King George V School		✓	✓
2033	羅芷渝	Law, Tsz Yu Raina	英皇佐治五世學校	King George V School		✓	✓
2034	林荇宜	Lam, Heng Yee Trinity	英皇佐治五世學校	King George V School		✓	✓

中國香港學界體育聯會  
The Schools Sports Federation of Hong Kong, China  
2024-2025年度全港中學校際體操比賽  
All Hong Kong Inter-Secondary Schools Gymnastics Competition 2024-2025  
參賽者名單 (女子丙組) Participating List (Girls C Grade)

參賽運動員在召集時，必須出示由中國香港學界體育聯會簽發之2024-2025年度丙組運動員註冊證，否則不能出賽。

Athletes must present their C Grade 2024-2025 HKSSF Student Registration Card during roll call, otherwise he / she will NOT be allowed to compete.

運動員編號 (Gymnast No.)	中文姓名	Name in English	學校名稱 (School)	School Name	團體 (TM)	自由體操 (FX)	跳馬 (VT)
2035	劉加澄	Lau Ka Ching Karen	林大輝中學	Lam Tai Fai College	✓	✓	✓
2036	彭禧源	Troyano Chan Maria Elena	林大輝中學	Lam Tai Fai College	✓	✓	✓
2037	陳翹昕	Chan Kiu Yan Athena	林大輝中學	Lam Tai Fai College	✓	✓	✓
2038	潘承禧	Poon Shing Hei	林大輝中學	Lam Tai Fai College	✓	✓	✓
2039	李凱悅	Lee Hoi Yuet	林大輝中學	Lam Tai Fai College	✓	✓	✓
2040	徐芯悠	Chui Sum Yau	世界龍岡學校劉皇發中學	LKWFSL Lau Wong Fat Secondary School		✓	✓
2041	梁子妤	Leung Tsz Yu	萬鈞伯裘書院	Man Kwan Pak Kau College		✓	✓
2042	張紫嫣	Chang Cherine	瑪利諾修院學校(中學部)	Maryknoll Convent School	✓	✓	✓
2043	馮嘉佩	Fung Katherine	瑪利諾修院學校(中學部)	Maryknoll Convent School	✓	✓	✓
2044	黎芷晴	Ray Tsz Ching	瑪利諾修院學校(中學部)	Maryknoll Convent School	✓	✓	✓
2045	彭穎心	Pang Wing Sum Hayley	瑪利諾修院學校(中學部)	Maryknoll Convent School	✓	✓	✓
2046	廖雪晴	Liao Xue Qing Shirley	瑪利諾修院學校(中學部)	Maryknoll Convent School	✓	✓	✓
2047	黃舒若	Wong Shu Hang	瑪利諾修院學校(中學部)	Maryknoll Convent School		✓	✓
2048	梁靄瞳	Leung Oi Tung Nadia	瑪利諾修院學校(中學部)	Maryknoll Convent School		✓	✓
2049	裘淳玥	Qiu Shun Yuet Elsa	瑪利諾修院學校(中學部)	Maryknoll Convent School		✓	✓
2050	梁靖妍	Leung Ching Yin Tracy	瑪利諾修院學校(中學部)	Maryknoll Convent School		✓	✓
2051	羅珮琳	Law Pui Lam Jaymee	香港培正中學	Pui Ching Middle School	✓	✓	✓
2052	張樂詩	Cheung Lok Sze Samantha	香港培正中學	Pui Ching Middle School	✓	✓	✓
2053	黃芊晴	Wong Tsz Ching	香港培正中學	Pui Ching Middle School	✓	✓	✓
2054	曾曉嵐	Tsang Hiu Laam	禮賢會彭學高紀念中學	Rhenish Church Pang Hok Ko Memorial College		✓	✓
2055	黃心柔	Wong Jamee	創知中學	Scientia Secondary School		✓	
2056	彭心柔	Pang Sum Yau	創知中學	Scientia Secondary School		✓	
2057	利芷晴	Lee Tsz Ching	創知中學	Scientia Secondary School		✓	
2058	許靖陶	Hui Ching To Evelina	創知中學	Scientia Secondary School		✓	
2059	陳梓渝	Chen Zi Yu	創知中學	Scientia Secondary School		✓	
2060	梁師瑜	Leung Sze Yu	天主教崇德英文書院	Shung Tak Catholic English College		✓	✓
2061	梁焯嵐	Leung Cheuk Lam	聖公會白約翰會督中學	SKH Bishop Baker Secondary School		✓	✓
2062	王芊幸	Wong, Chin Hang Cherelle	嘉諾撒聖瑪利書院	St. Mary's Canossian College		✓	✓
2063	梁芷愨	Leung Tze Yan	聖保羅男女中學	St. Paul's Co-educational College		✓	✓
2064	蕭曉恩	Siu Hiu Yan Grace	香港神託會培基書院	Stewards Pooi Kei College		✓	✓
2065	蔡倩芊	Choi Sin Chin	基督教香港信義會元朗信義中學	The Evangelical Lutheran Church of Hong Kong Yuen Long Lutheran Secondary School		✓	✓
2066	吳思桐	Wu, Sitong Emma	弘立書院	The Independent Schools Foundation Academy		✓	✓
2067	沈卓儀	Shen, Cheuk Yee	弘立書院	The Independent Schools Foundation Academy		✓	✓

中國香港學界體育聯會  
The Schools Sports Federation of Hong Kong, China  
2024-2025年度全港中學校際體操比賽  
All Hong Kong Inter-Secondary Schools Gymnastics Competition 2024-2025  
參賽者名單 (女子丙組) Participating List (Girls C Grade)

參賽運動員在召集時，必須出示由中國香港學界體育聯會簽發之2024-2025年度丙組運動員註冊證，否則不能出賽。

Athletes must present their C Grade 2024-2025 HKSSF Student Registration Card during roll call, otherwise he / she will NOT be allowed to compete.

運動員編號 (Gymnast No.)	中文姓名	Name in English	學校名稱 (School)	School Name	團體 (TM)	自由體操 (FX)	跳馬 (VT)
2068	陳僊蔚	Slethaug, Sophia Sze Wai	南島中學	The South Island School		✓	✓
2069	唐天雅	Tang, Tianya	南島中學	The South Island School		✓	✓
2070	林珏如	Lin Jiue Ru	東華三院辛亥年總理中學	TWGHs Sun Hoi Directors' College		✓	✓
2071	翁靖愉	Yung Ching Yu	匯基書院(東九龍)	United Christian College (Kowloon East)		✓	✓
2072	李善婷	Lee Sin Ting Gianna	滬江維多利亞學校(中學部)	Victoria Shanghai Academy (Secondary Section)		✓	✓
2073	何晴知	Ching Chi Ho	港青基信書院	YMCA of Hong Kong Christian College	✓	✓	✓
2074	陳穎殷	Wing Yan Sherena Chan	港青基信書院	YMCA of Hong Kong Christian College	✓	✓	✓
2075	郭瑋同	Hei Tong Kwok	港青基信書院	YMCA of Hong Kong Christian College	✓	✓	✓
2076	陳海嵐	Chan Hoi Lam	仁愛堂田家炳中學	YOT Tin Ka Ping Secondary School		✓	