

## All Hong Kong Schools Jing Ying Athletics(Team) Tournament - RECORD

### BOYS OPEN GRADE (under 19)

Event	Record	Year	Holder	School
100m	10.72	2021-2022	Cheung Ho Hin	Diocesan Boys' School
200m	21.61	2021-2022	Yip King Wai	Diocesan Boys' School
400m	49.58	2021-2022	Lai Hiu Long	HKUGA College
800m	1:57:56	2022-2023	Chu Lok Yin	Diocesan Boys' School
1500m	4:17.64	2022-2023	Wang Nok Wang	Diocesan Boys' School
5000m	16:26:28	2016-2017	Yu Shing Him	Fukien Secondary School (Kwun Tong)
110m Hurdles (0.914m)	14.08	2021-2022	Liu Hiu Long	Hoi Ping Chamber of Commerce Secondary School
400m Hurdle (0.838m)	55.48	2022-2023	Lee Cheuk Hei	Diocesan Boys' School
4 x 100m Relay	41.85	2022-2023	Zheng Wang Kei Leung Ching Hang Wesley Johannsson Magnus Prostur Koo Cheuk Fung Jasper	Diocesan Boys' School
4 x 400m Relay	3:26.67	2022-2023	Wong Ho Chuen Hugo Tsang Man Chi Lee Cheuk Hei Chu Lok Yin	Diocesan Boys' School
Long Jump	7.26	2022-2023	Lin Mingfu	Chan Sui Ki (La Salle) College
Triple Jump	14.41	2022-2023	Cheung Wing Lok	TWGHs Yow Kam Yuen College
High Jump	2.04	2016-2017	Lam Hin Chak Timothy	La Salle College
Shot Put (5Kg)	14.54	2016-2017	Sit Wai Lok	TWGHs Wong Fut Nam College
Discus (1.5Kg)	49.36	2021-2022	Wong Kwan Yu	Hoi Ping Chamber of Commerce Secondary School
Javelin (700g)	59.25	2016-2017	Fong Wai Lik	Diocesan Boys' School

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### GIRLS OPEN GRADE (under 19)

Event	Record	Year	Holder	School
100m	12.04	2016-2017	Chan Pui Kei	Good Hope School
200m	24.98	2022-2023	Li Tsz To	HKUGA College
400m	56.73	2022-2023	Karlsson Jane Christa Ming Suet	Diocesan Girls' School
800m	2:18.29	2022-2023	Karlsson Jane Christa Ming Suet	Diocesan Girls' School
1500m	4:51.09	2016-2017	Tong Lok Yu	St. Margaret's Co-Educational English Secondary and Primary School
100m Hurdles (0.762m)	13.89	2022-2023	Pak Hoi Man Chloe	Diocesan Girls' School
4 x 100m Relay	47.81	2022-2023	Chow Chi Kiu Sum Hei Lam Nicole Tang Cheuk Man Serena Pak Hoi Man Chloe	Diocesan Girls' School
4 x 400m Relay	3:59.21	2022-2023	Tseng, Hailey Li Man Ching Yip Yik Tung Karlsson Jane Christa Ming Suet	Diocesan Girls' School
Long Jump	5.86	2022-2023	Jia Wai Yin	St. Margaeat Co-Educational English Secondary And Primary School
High Jump	1.71	2016-2017	Cheung Ching Laam P.	Heep Yunn School
Shot Put (4Kg)	10.63	2016-2017	Cheung Yuet Ting	YCH Law Chan Chor Si College
Discus (1Kg)	34.61	2016-2017	Chan Janice	Good Hope School
Javelin (600g)	39.70	2021-2022	Lau Kit Ying	Pok Oi Hospital Tang Pui King Memorial College