

The Schools Sports Federation of Hong Kong, China

**All Hong Kong Schools Jing Ying Athletics (Team) Tournament 2023-2024
3, 18 May 2024, Wan Chai Sports Ground**

DAY 1 (3/5/2024)

Event time	Reporting time		Boys		Girls	
	Track event	Field event	Track event	Field event	Track event	Field event
09:00	8:35-8:45	8:15-8:25	⁽³⁾ 400mH(Heat)	⁽¹⁾ Long Jump ⁽²⁾ Javelin		
09:25	9:00-9:10		⁽⁴⁾ 800m(Heat)			
09:50	9:25-9:35				⁽⁵⁾ 800m(Heat)	
10:15	9:50-10:00		⁽⁶⁾ 5000m(Final)			
10:45	10:20-10:30	10:00-10:10	⁽⁸⁾ 200m(Heat)			⁽⁷⁾ Javelin
11:05	10:40-10:50				⁽⁹⁾ 200m(Heat)	
11:25	11:00-11:15		⁽¹⁰⁾ 110mH(Heat)			
11:45	11:20-11:30				⁽¹¹⁾ 100mH(Heat)	
12:05	11:40-11:50		⁽¹²⁾ 400m(Heat)			
12:25	12:00-12:10				⁽¹³⁾ 400m(Heat)	
14:00	13:35-13:45	13:15-13:25	⁽¹⁶⁾ 100m(Heat)	⁽¹⁴⁾ Triple Jump ⁽¹⁵⁾ Discus		
14:20	13:55-14:05				⁽¹⁷⁾ 100m(Heat)	
14:40	14:15-14:25		⁽¹⁸⁾ 400mH(Final)			
15:05	14:40-14:50		⁽¹⁹⁾ 800m(Final)		⁽²⁰⁾ 800m(Final)	
15:20	14:55-15:05	14:35-14:45	⁽²³⁾ 4x100mRelay (Heat)			⁽²¹⁾ Discus ⁽²²⁾ Long Jump
15:40	15:15-15:25				⁽²⁴⁾ 4x100mRelay (Heat)	
16:00	Prize Presentation					
16:20	15:55-16:05		⁽²⁵⁾ 4x400mRelay (Heat)			
16:40	16:15-16:25				⁽²⁶⁾ 4x400mRelay (Heat)	

Remark : () Event No.

Reporting Time

Events	Start of reporting time	End of Reporting time
Track event (Including Hurdle & Relay)	25mins prior event time	15mins prior event time
Field event	45mins prior event time	35mins prior event time

以上比賽時間表，將按各項目的報名人數而有機會作出修改。

Event time may be changed depending on number of participants.

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**All Hong Kong Schools Jing Ying Athletics (Team) Tournament 2023-2024
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DAY 2 (18/5/2024) (Rescheduled)

Event time	Reporting time		Boys		Girls	
	Track event	Field event	Track event	Field event	Track event	Field event
08:45	8:20-8:30	8:00-8:10	⁽²⁹⁾ 110mH(Final)	⁽²⁷⁾ High Jump		⁽²⁸⁾ Shot Put
08:55	8:30-8:40				⁽³⁰⁾ 100mH(Final)	
09:10	8:45-8:55		⁽³¹⁾ 200m(Final)			
09:25	9:00-9:10				⁽³²⁾ 200m(Final)	
09:40	9:15-9:25		⁽³³⁾ 1500m(Final)			
10:15	9:50-10:00				⁽³⁴⁾ 1500m(Final)	
10:50	10:25-10:35	10:05-10:15	⁽³⁷⁾ 400m(Final)	⁽³⁵⁾ Shot Put		⁽³⁶⁾ High Jump
11:05	10:40-10:50				⁽³⁸⁾ 400m(Final)	
11:20	10:55-11:05		⁽³⁹⁾ 100m(Final)			
11:30	11:05-11:15				⁽⁴⁰⁾ 100m(Final)	
11:40	Prize Presentation					
12:00	11:35-11:45		⁽⁴¹⁾ 4x400mRelay (Final)		⁽⁴²⁾ 4x400mRelay (Final)	
12:15	11:50-12:00		⁽⁴³⁾ 4x100mRelay (Final)		⁽⁴⁴⁾ 4x100mRelay (Final)	
12:30	Prize Presentation					

Remark : () Event No.

Reporting Time

Events	Start of reporting time	End of Reporting time
Track event (Including Hurdle & Relay)	25mins prior event time	15mins prior event time
Field event	45mins prior event time	35mins prior event time

以上比賽時間表，將按各項目的報名人數而有機會作出修改。

Event time may be changed depending on number of participants.