

The Schools Sports Federation of Hong Kong, China

All Hong Kong Schools Jing Ying Athletics(Team) Tournament 2023-2024
3 - 4 May 2024, Wan Chai Sports Ground
Competition Schedule

DAY 1 (3/5/2024)

Event time	Reporting time		Boys		Girls	
	Track event	Field event	Track event	Field event	Track event	Field event
09:00	8:35-8:45	8:15-8:25	(3) 400mH(Heat)	(1) Long Jump (2) Javelin		
09:25	9:00-9:10		(4) 800m(Heat)			
09:50	9:25-9:35				(5) 800m(Heat)	
10:15	9:50-10:00		(6) 5000m(Final)			
10:45	10:20-10:30	10:00-10:10	(8) 200m(Heat)			(7) Javelin
11:05	10:40-10:50				(9) 200m(Heat)	
11:25	11:00-11:15		(10) 110mH(Heat)			
11:45	11:20-11:30				(11) 100mH(Heat)	
12:05	11:40-11:50		(12) 400m(Heat)			
12:25	12:00-12:10				(13) 400m(Heat)	
14:00	13:35-13:45	13:15-13:25	(16) 100m(Heat)	(14) Triple Jump (15) Discus		
14:20	13:55-14:05				(17) 100m(Heat)	
14:40	14:15-14:25		(18) 400mH(Final)			
15:05	14:40-14:50		(19) 800m(Final)		(20) 800m(Final)	
15:20	14:55-15:05	14:35-14:45	(23) 4x100mRelay (Heat)			(21) Discus (22) Long Jump
15:40	15:15-15:25				(24) 4x100mRelay (Heat)	
16:00	Prize Presentation					
16:20	15:55-16:05		(25) 4x400mRelay (Heat)			
16:40	16:15-16:25				(26) 4x400mRelay (Heat)	

Remark : () Event No.

Reporting Time

Events	Start of reporting time	End of Reporting time
Track event (Including Hurdle & Relay)	25mins prior event time	15mins prior event time
Field event	45mins prior event time	35mins prior event time

以上比賽時間表，將按各項目的報名人數而有機會作出修改。
Event time may be changed depending on number of participants.

The Schools Sports Federation of Hong Kong, China

All Hong Kong Schools Jing Ying Athletics(Team) Tournament 2023-2024
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Competition Schedule

DAY 2 (4/5/2024)

Event time	Reporting time		Boys		Girls	
	Track event	Field event	Track event	Field event	Track event	Field event
09:00	8:35-8:45	8:15-8:25	⁽²⁹⁾ 110mH(Final)	⁽²⁷⁾ High Jump		⁽²⁸⁾ Shot Put
09:10	8:45-8:55				⁽³⁰⁾ 100mH(Final)	
09:25	9:00-9:15		⁽³¹⁾ 200m(Final)			
09:35	9:10-9:25				⁽³²⁾ 200m(Final)	
09:45	9:20-9:30		⁽³³⁾ 1500m(Final)			
10:15	9:50-10:00				⁽³⁴⁾ 1500m(Final)	
10:30	10:05-10:15	9:45-9:55	⁽³⁶⁾ 400m(Final)			⁽³⁵⁾ High Jump
10:40	10:15-10:25	9:55-10:05		⁽³⁷⁾ Shot Put	⁽³⁸⁾ 400m(Final)	
10:50	10:25-10:35		⁽³⁹⁾ 100m(Final)			
10:55	10:30-10:40				⁽⁴⁰⁾ 100m(Final)	
11:10	Prize Presentation					
11:30	11:05-11:15		⁽⁴¹⁾ 4x400mRelay (Final)		⁽⁴²⁾ 4x400mRelay (Final)	
11:45	11:20-11:30		⁽⁴³⁾ 4x100mRelay (Final)		⁽⁴⁴⁾ 4x100mRelay (Final)	
12:15	Prize Presentation					

Remark : () Event No.

Reporting Time

Events	Start of reporting time	End of Reporting time
Track event (Including Hurdle & Relay)	25mins prior event time	15mins prior event time
Field event	45mins prior event time	35mins prior event time

以上比賽時間表，將按各項目的報名人數而有機會作出修改。

Event time may be changed depending on number of participants.