

**The Schools Sports Federation of Hong Kong, China**

**All Hong Kong Schools Jing Ying Athletics(Team) Tournament 2023-2024**  
**3 - 4 May 2024, Wan Chai Sports Ground**  
**Competition Schedule**

**DAY 1 (3/5/2024)**

Event time	Reporting time		Boys		Girls	
	Track event	Field event	Track event	Field event	Track event	Field event
09:00	8:35-8:45	8:15-8:25	(3)400mH(Heat)	(1)Long Jump (2)Javelin		
09:25	9:00-9:10		(4)800m(Heat)			
09:50	9:25-9:35				(5)800m(Heat)	
10:15	9:50-10:00		(6)5000m(Final)			
10:45	10:20-10:30	10:00-10:10	(8)200m(Heat)			(7)Javelin
11:05	10:40-10:50				(9)200m(Heat)	
11:25	11:00-11:15		(10)110mH(Heat)			
11:45	11:20-11:30				(11)100mH(Heat)	
12:05	11:40-11:50		(12)400m(Heat)			
12:25	12:00-12:10				(13)400m(Heat)	
14:00	13:35-13:45	13:15-13:25	(17)100m(Heat)	(14)Triple Jump (15)Discus		(16)Long Jump
14:20	13:55-14:05				(18)100m(Heat)	
14:40	14:15-14:25		(19)400mH(Final)			
15:05	14:40-14:50		(20)800m(Final)		(21)800m(Final)	
15:20	14:55-15:05	14:35-14:45	(23)4x100mRelay (Heat)			(22)Discus
15:40	15:15-15:25				(24)4x100mRelay (Heat)	
16:00	Prize Presentation					
16:20	15:55-16:05		(25)4x400mRelay (Heat)			
16:40	16:15-16:25				(26)4x400mRelay (Heat)	

Remark : ( ) Event No.

Reporting Time

Events	Start of reporting time	End of Reporting time
Track event (Including Hurdle & Relay)	25mins prior event time	15mins prior event time
Field event	45mins prior event time	35mins prior event time

以上比賽時間表，將按各項目的報名人數而有機會作出修改。

**Event time may be changed depending on number of participants.**

**The Schools Sports Federation of Hong Kong, China**

**All Hong Kong Schools Jing Ying Athletics(Team) Tournament 2023-2024  
3 - 4 May 2024, Wan Chai Sports Ground  
Competition Schedule**

**DAY 2 (4/5/2024)**

Event time	Reporting time		Boys		Girls	
	Track event	Field event	Track event	Field event	Track event	Field event
09:00	8:35-8:45	8:15-8:25	<sup>(29)</sup> 110mH(Final)	<sup>(27)</sup> High Jump		<sup>(28)</sup> Shot Put
09:10	8:45-8:55				<sup>(30)</sup> 100mH(Final)	
09:25	9:00-9:15		<sup>(31)</sup> 200m(Final)			
09:35	9:10-9:25				<sup>(32)</sup> 200m(Final)	
09:45	9:20-9:30		<sup>(33)</sup> 1500m(Final)			
10:15	9:50-10:00				<sup>(34)</sup> 1500m(Final)	
10:30	10:05-10:15	9:45-9:55	<sup>(36)</sup> 400m(Final)			<sup>(35)</sup> High Jump
10:40	10:15-10:25			<sup>(37)</sup> Shot Put	<sup>(38)</sup> 400m(Final)	
10:50	10:25-10:35		<sup>(39)</sup> 100m(Final)			
10:55	10:30-10:40				<sup>(40)</sup> 100m(Final)	
11:10	Prize Presentation					
11:30	11:05-11:15		<sup>(41)</sup> 4x400mRelay (Final)		<sup>(42)</sup> 4x400mRelay (Final)	
11:45	11:25-11:35		<sup>(43)</sup> 4x100mRelay (Final)		<sup>(44)</sup> 4x100mRelay (Final)	
12:15	Prize Presentation					

Remark : ( ) Event No.

Reporting Time

Events	Start of reporting time	End of Reporting time
Track event (Including Hurdle & Relay)	25mins prior event time	15mins prior event time
Field event	45mins prior event time	35mins prior event time

以上比賽時間表，將按各項目的報名人數而有機會作出修改。

**Event time may be changed depending on number of participants.**