

# The Schools Sports Federation of Hong Kong, China

## All Hong Kong Schools Jing Ying Athletics (Team) Tournament 2023-2024

### [General Rules]

#### 1. DATE, TIME, VENUE

Date : 3<sup>rd</sup> - 4<sup>th</sup> May 2024 (Fri & Sat)

Time : 09:00 - 18:00

Venue : Wan Chai Sports Ground

#### 2. ELIGIBILITY FOR PARTICIPATION

2.1 The tournament will be contested in Open Grade.

##### 2.2 Invited schools

2.2.1 Division One Overall results in 1<sup>st</sup> to 6<sup>th</sup>, Division Two Overall results in 1<sup>st</sup> to 2<sup>nd</sup>, Division Three of four Areas in 1<sup>st</sup> from HKSSRC; Overall results in 1<sup>st</sup> to 2<sup>nd</sup> from the six ACs of NT. A total of 24 teams will be invited to take part in the tournament.

##### 2.3 Wild Card

2.3.1 There will be eight wild card places open for nomination for each individual event, and the top 8 athletes with the best results will be eligible for participation. (Invited school can ONLY nominate ONE athlete to participate in individual events as a wild card.) The representative of the invited school cannot take part in the wild card nomination.

##### 2.3.2 Wild Card Nomination

Provision of nominees' competition BEST results (**Electronic Time ONLY**) of ALL individual events organized by the HKSSF and the Hong Kong, China Association of Athletics Affiliates (HKAAA) and/or other sanctioned by the HKAAA between 1<sup>st</sup> September 2023 and 14<sup>th</sup> April 2024 (both dates inclusive). Proof of results should be attached for verification. Results with Wind Speed should be provided whenever necessary.

##### 2.3.3 Closing Date of Nomination :16<sup>th</sup> April 2024 (Tuesday)

2.3.4 Successful wild card nomination will be notified individually. Entry fee for each event will be charged \$120.

2.4 Each athlete may enter TWO individual events.

2.5 A maximum of TWO athletes per school in each individual event, including invited schools and wild card.

2.6 A maximum of thirty-two athletes in an individual event.

If the 9<sup>th</sup> position or subsequent athlete who is nominated via wild card has the same result as the 8<sup>th</sup> place, the number of participants of that event will increase.

#### 3. REGULATIONS

##### 3.1 Competition Rules

All events will be held in accordance with the competition rules of the HKAAA as per World Athletics (WA) unless otherwise specified.

##### 3.2 Equipment

3.2.1 The venue will provide equipment for all events.

3.2.2 LCSD Sports Ground are acceptable to be used the tartan spikes maximum length up to 9mm for High Jump, Javelin Events and maximum length up to 7mm for other events. Spikes will be checked by the LCSD staff at the sports ground.

#### 4. PRIZES

4.1 Medals and certificates will be awarded to the 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup> and 4<sup>th</sup> places in each event.

4.2 Trophies will be awarded to the 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup> and 4<sup>th</sup> places in Boys and Girls Overall.

## 5. PROTEST

- 5.1 Protest should be made in writing by the teacher/s in charge of the school/s being affected at an incident within 30 minutes of the announcement of the result of the event concerned. Protest fee of \$200 will be returned if the appeal is successful. No protest will be accepted from student and spectator.
- 5.2 All protests concerning technical rules and interpretation should be made to the Referees. The decision of the Jury of Appeal shall be final.
- 5.3 All protests concerning the management of the tournament should be made to the Convenor. The decision of the Committee of the tournament shall be the final.

## 6. EVENTS AND STANDARD

Event	Boys	Standard	Girls	Standard
100m	✓	12.20	✓	14.50
200m	✓	25.50	✓	30.50
400m	✓	57.80	✓	1:12.50
800m	✓	2:20.00	✓	2:55.00
1500m	✓	5:00.00	✓	6:15.00
5000m	✓	20:00.00		
100mh			✓(0.762m)	19.50
110mh	✓(0.914m)	18.50		
400mh	✓(0.838m)	1:07.50		
Long Jump	✓	5.45m	✓	4.10m
Triple Jump	✓	11.20m		
High Jump	✓	1.60m	✓	1.30m
Shot put	✓(5kg)	10.05m	✓(4kg)	6.90m
Discus	✓(1.5kg)	26.00m	✓(1kg)	18.80m
Javelin	✓(700g)	30.00m	✓(600g)	19.00m
4x100m Relay	✓	47.50	✓	56.80
4x400m Relay	✓	3:54.00	✓	4:55.00

## 7. ENQUIRIES

External Office, The Schools Sports Federation of Hong Kong, China

Tel : 2768 8212

Fax :2762 7662

Email : external@hkssf.org.hk

Website : www.hkssf.org.hk

Date: 5 April 2024