

中國香港學界體育聯會
The Schools Sports Federation of Hong Kong, China
ISF 足球世界盃 2026
ISF Football World Cup 2026

女子組集訓時間表 (第二階段)
Girls' Team Training Schedule (Phase 2)

訓練課 Training Session	月份 Month	日期 Date	時間 Time	場地 Venue
1	6月 June	4 (Thu)	18:30-20:00 (1.5 hours)	曾大屋遊樂場 (人造草球場) Tsang Tai Uk Recreation Ground (Artificial Turf Pitch)
2		11 (Thu)	20:00-21:30 (1.5 hours)	
3		15 (Mon) Cancellation due to adverse weather conditions	18:30-21:30 (3 hours)	青衣東北公園(人造草球場) Tsing Yi Northeast Park (Artificial Turf Pitch)
4		21 (Sun)	15:00-17:30 (2.5 hours)	

備註
Remarks :

1) 集訓場地資料 Training Venue :

曾大屋遊樂場 Tsang Tai Uk Recreation Ground	地址：沙田沙角街 Address: <u>Sha Kok Street, Sha Tin</u>
青衣東北公園 Tsing Yi Northeast Park	地址：青衣担杆山路 10 號 Address: <u>10 Tam Kon Shan Road, Tsing Yi</u>

2) 入選運動員必須按照上列集訓時間表出席訓練，並必須準時到達場地。場區球員須帶備白色及黑色球衣各1件，而門將則須穿上非白色或黑色球衣。所有球員需配戴護脛、穿上長襪及合適的足球鞋進行集訓。

Selected athletes should follow the training schedule and attend every training session on time. Field players must bring one white and one black jersey, while goalkeepers must wear a jersey that is neither white nor black. All players must wear shin pads, long socks and appropriate football boots for training.

3) 運動員因生病/要事而未能出席集訓者，必須填寫「學生請假通知書」，然後電郵至學體會請假。

「學生請假通知書」可於聯會網頁下載：
埠際、海外比賽及其他活動→表格→學生請假通知書(賽前集訓適用)

If students are unable to attend the training sessions due to sickness/ personal issues, they must fill-in 'Leave Notification Form' and return it by email to external@hkssf.org.hk.

'Leave Notification Form' can be downloaded on HKSSF website:
Interport/ Overseas Competitions and Other Events→Form→Leave Notification Form (Pre-Competition Trainig Use)

4) 聯絡:

電話：2768 8212

傳真：2768 4525

電郵：external@hkssf.org.hk