

The Hong Kong Schools Sports Federation
香港學界體育聯會

Annex 1

1st Asian School Track & Field Championship
第一屆亞洲中學生田徑錦標賽

(Malaysia 馬來西亞, 17-24/9/2013)

Hong Kong Schools Athletics Teams - Selection Standards
香港學界田徑代表隊 - 遴選標準

No.	Event	Boys	Girls
1	100M	11.20	12.80
2	200M	23.00	27.00
3	400M	0:51.50	1:01.00
4	800M	2:03.00	2:25.00
5	1500M	4:15.00	5:00.00
6	5000M	16:40.00	---
7	100M Hurdles	---	(0.838m) 16.00 (0.762m) 15.00
8	110M Hurdles	(0.991m) 15.50 (0.914m) 14.50	---
9	400M Hurdles	57.50	---
10	Long Jump	6.50m	5.20m
11	Triple Jump	14.00m	---
12	High Jump	1.90m	1.60m
13	Discus	(1.5kg) 40.00m	(1kg) 36.00m
14	Shot Put	(5kg) 14.00m	(4kg) 11.60m
15	Javelin	(700g) 55.00m	(600g) 38.00m