

Hong Kong Schools Sports Federation

2nd Asian School Cross Country Championship 2014

Training Schedule

Month	Day	Time	Venue
May	17 (Sat)	09:00 – 11:00	Main Dam, Shing Mun Reservoir
	24 (Sat)		
June	14, 21 (Sat)	09:00 – 11:00	Gym Room, TWGHs Chen Zao Men College

Remarks :

- 1) Please follow the training schedule, wear proper sportswear and on time.
- 2) If students are not able to attend the training due to sickness/personal issues, please return 「Student Leave Notification Form」 to the HKSSF office at the training day/at least 3 working days prior to the activity via fax or email.
(HKSSF.org.hk > Jing Ying, Interport & Overseas Competitions > Others)

HKSSF External Office

Tel: 2768 8212

Fax: 2768 4525

Email: external@hkssf.org.hk