

HONG KONG SCHOOLS SPORTS FEDERATION
Secondary School Life Saving Championships 2007-2008
Team Result

Participation List

No.	School Name	Grade			
		Boys A	Boys B	Girls A	Girls B
1	Beacon College (Tuen Mun) (BC)	1			
2	CNEC Lau Wing Sang Secondary School (LWS)		8		
3	Chiu Lut Sau Memorial Secondary School (CLS)	6	8		8
4	De La Salle Secondary School N.T. (DLSSNT)	5			
5	Diocesan Boys' School (DBS)	11	10		
6	Diocesan Girls' School (DGS)			11	11
7	Fanling Lutheran Secondary School (FLSS)	4	6		5
8	Fanling Rhenish Church Secondary School (FRCSS)	4			
9	H.K. & Kln. Kaifong Wemen's Assn. Sun Fong Chung College (SFC)	4			4
10	Heep Yunn School (HYS)			9	8
11	Jockey Club Ti-I College (JCTIC)	9	9	9	9
12	Kau Yan College (KYC)	4		2	
13	La Salle College (LSC)	9	10		
14	Ling Liang Church M H Lau Secondary School (MHLSS)				1
15	LKWFSL Lau Wong Fat Sec. School (LWF)	1			
16	Maryknoll Convent School (MCS)			11	12
17	New Method College (NMC)	10			
18	Po Leung Kuk Ngan Po Ling College (NPL)	1	4		
19	Pui Ching Middle School (PCMS)		10		9
20	Pui Shing Catholic Secondary School (PSCSS)	8			
21	SKH Li Fook Hing Secondary School (LFH)	4	4		
22	St Rose of Lima's College (SRLS)			3	7
23	St. Joseph's A-C School (SJACS)	1			
24	St. Joseph's College (SJC)	10	11		
25	St. Paul's Co-educational College (SPCEC)	8	10	8	11
26	STFA Lee Shau Kee College (LSK)	8	10	8	8
27	Tang King Po School (TKP)		1		
28	True Light Middle School of Hong Kong (TLMS)			10	9
29	TWGHs Chang Ming Thien College (CMT)	1			
30	Ying Wa College (YWC)	10	8		

Team Result

	Boys A	Boys B	Girls A	Girls B
Champions	DBS (109)	DBS (105)	HYS (125)	HYS (139)
Runner-up	LSC (85)	LSC (93)	DGS (115)	DGS (110)
Third	JCTIC (57)	YWC (62)	MCS (47)	TLMS (41)

Overall Result

Boys	Diocesan Boys' School
Girls	Heep Yunn School

HONG KONG SCHOOLS SPORTS FEDERATION
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Boys A Grade

Event	1st	2nd	3rd	4th	5th	6th	7th	8th
Obstacle Swim - 100m (Record : 59.58)	Au Yeung Chun Yu (LSC) *58.47	Leung Tsz Chun (DBS) *59.19	Lee Siu Chung (DBS) 1:01.97	Law Wai Man (CLS) 1:02.06	Lee Ho Tin (LSC) 1:03.39	Suen Ka Chun (YWC) 1:05.15	Lo Ting Fung (JCTIC) 1:06.44	Lee Ho Yat (NPL) 1:07.40
Rescue Medley - 100m (Record : 1:14.71)	Kwok Sum (YWC) 1:16.21	Ng Tik Hong Dickie (DBS) 1:21.78	Li Wing Fai (LSC) 1:22.54	Lau Chun Leung Johnny (DBS) 1:25.68	Ho Ming San (SJC) 1:25.84	Kwong Chun Hung (JCTIC) 1:27.12	Lui Sze Chun (SJACS) 1:28.22	Chiu Yuk Cheung (LSK) 1:29.03
Manikin Carry with Fins - 100m (Record : 58.19)	Siu Wai Wang Derek (DBS) 1:01.89	Lai Lok Hang (JCTIC) 1:03.05	Tso Hiu Fung Peter (DBS) 1:07.07	Sin Ka Tao (LSC) 1:11.30	Li Yun Sing (YWC) 1:15.37	Wan Ho Ching (LSC) 1:16.54	Chong Lok Hang (JCTIC) 1:16.79	Fu Chun Pong (SJC) 1:19.31
Manikin Carry - 50m (Record : 34.71)	Kwok Sum (YWC) 36.34	Wong Sai Man (LSC) 39.49	Ng Pak Yin Gavy (DBS) 39.99	Lee Ho Tin (LSC) 40.08	Lui Sze Chun (SJACS) 40.75	Chiu Yuk Cheung (LSK) 40.77	Cheung Wai Lun William (DBS) 41.36	Lee Chun Wa (YWC) 41.51
Manikin Tow with Fins - 100m (Record : 1:01.98)	Lin Wei Hung (DBS) 1:03.37	Chau Chung Kiu (JCTIC) 1:06.14	Tso Hiu Fung Peter (DBS) 1:07.21	Chan Kin Hei (SJC) 1:13.46	Law Wai Man (CLS) 1:14.37	Sun Ka Hei (LSC) 1:15.94	Lee Cheuk Lun (YWC) 1:16.39	Lee Chun Wa (YWC) 1:18.13
Super Lifesaver - 200m (Record : 2:37.97)	Leung Ka Ming (FRCSS) *2:34.22	Siu Wai Wang Derek (DBS) *2:36.80	Kong Kei Koi (SJC) 2:46.25	Li Wing Fai (LSC) 2:49.08	Ho Ming San (SJC) 2:50.03	Suen Ka Chun (YWC) 2:50.37	Cheng Ka Ho (DBS) 2:50.75	Lo Ting Fung (JCTIC) 2:53.37
Medley Relay - 4 x 50m (Record : 1:41.17)	(DBS) 1:42.83	(JCTIC) 1:45.22	(LSC) 1:45.56	(YWC) 1:48.10	(SJC) 1:48.41	(NMC) 1:56.88	(CLS) 2:05.19	(LFH) 2:38.57
Manikin Relay - 4 x 25m (Record : 1:36.49)	(DBS) 1:42.54	(LSC) 1:48.49	(JCTIC) 1:56.68	(YWC) 2:01.91	(SJC) 2:02.49	(NMC) 2:18.73	-----	-----
Line Throw (Record : 13.24)	Lee Ho Cheong (JCTIC) 17.05	Choi Lok King (LSC) 17.17	Pang Man Tak (SJC) 17.39	Wong Sai Man (LSC) 17.84	Ng Tsz Him (FRCSS) 18.95	So Cheuk Hei (YWC) 20.20	Li Man Hin (LSK) 21.46	Ng Tik Hong Dickie (DBS) 22.57

* New Record

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Boys B Grade

Event	1st	2nd	3rd	4th	5th	6th	7th	8th
Obstacle Swim - 100m (Record : 57.80)	Lam Ching Tat (DBS) 57.86	Cheung Kin Tat Kent (DBS) 59.96	Cheung Wai Tong (YWC) 1:00.85	Lee Sing Yeung (JCTIC) 1:04.32	Liu Ho Fung (LSC) 1:04.59	Sae Heng Ka Kit (JCTIC) 1:06.19	Leung Wai Chun (CLS) 1:06.50	Allen Benjamin Fredrick (LSC) 1:07.34
Rescue Medley - 100m (Record : 1:20.51)	Chung Lai Yeung (DBS) *1:18.02	Ku Man Hei (LSC) *1:19.75	Chan Cheuk Hong (JCTIC) 1:21.13	Luk Manson (DBS) 1:21.69	Wong Pak Nam (YWC) 1:25.38	Ko Chun On (YWC) 1:28.02	Choi Yu Hei (LSC) 1:29.41	Ngai Wing Shun (PCMS) 1:34.77
Manikin Carry with Fins - 100m (Record : 1:04.43)	Cheng Ka Chun (DBS) 1:07.25	Lui Chun Yin (LSC) 1:11.27	Lai Mang Wah (SJC) 1:12.21	Lau Tat San (PCMS) 1:13.87	Lam Jun Hay Nicholas (DBS) 1:17.29	Lo Chi Hang (YWC) 1:18.72	Or Ming Ho (PCMS) 1:19.96	Tsang Shun Kin (SJC) 1:21.28
Manikin Carry - 50m (Record : 39.59)	Chung Lai Yeung (DBS) *36.40	Ku Man Hei (LSC) *39.05	Luk Manson (DBS) 40.86	Chan Long Kiu (LSC) 41.29	Chan Cheuk Hong (JCTIC) 41.45	Cheung Wai Tong (YWC) 42.26	Wong Pak Nam (YWC) 42.38	Tam Wing Chung (SJC) 43.69
Manikin Tow with Fins - 100m (Record : 1:04.15)	Cheung Tsz Hei (JCTIC) 1:13.25	Tang Ho Tsun (YWC) 1:14.20	Ngai Wing Shun (PCMS) 1:14.86	Choi Yu Hei (LSC) 1:15.75	Chu Man Ho (DBS) 1:15.82	Cheuk Tin Hon (DBS) 1:16.16	Lo Chi Hang (YWC) 1:16.61	Lui Chun Yin (LSC) 1:17.25
Super Lifesaver - 200m (Record : 2:46.22)	Liu Ho Fung (LSC) *2:42.65	Chan Tsz Tsun (SJC) 2:48.18	Wong Perry (LSC) 2:51.77	Sin Cheuk Pong (DBS) 2:54.90	Ko Chun On (YWC) 3:06.01	Lau Tat San (PCMS) 3:09.73	Or Ming Ho (PCMS) 3:17.85	Siu Cheuk Hang (LSK) 3:18.53
Medley Relay - 4 x 50m (Record : 1:46.01)	(DBS) *1:41.94	(YWC) 1:48.17	(JCTIC) 1:53.89	(PCMS) 1:54.27	(LSC) 1:54.41	(NPL) 1:59.65	(SPCEC) 2:05.38	(FLSS) 2:06.63
Manikin Relay - 4 x 25m (Record : 1:48.15)	(LSC) *1:43.58	(DBS) *1:47.17	(SJC) 2:02.12	(YWC) 2:04.55	(JCTIC) 2:07.10	(SPCEC) 2:24.07	(LSK) 2:27.98	(PCMS) 2:40.53
Line Throw (Record : 17.35)	Chan Wing Yeung (JCTIC) *14.45	Chan Ka Ki (LSC) *16.43	Yiu Yik Tung Brendan (LSC) 19.20	Tang Wing Hong (PCMS) 22.94	Cheung Chi Yiu (YWC) 25.30	Sin Cheuk Pong (DBS) 28.53	To Yuet Tin (JCTIC) 29.60	-----

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Girls A Grade

Event	1st	2nd	3rd	4th	5th	6th	7th	8th
Obstacle Swim - 100m <i>(Record : 1:03.04)</i>	Sze Hang Yu (DGS) 1:06.10	Leung Ya Yuan Rachel (DGS) 1:07.90	Ho Sandra (HYS) 1:10.39	Li Yuen Kei (HYS) 1:10.81	Natalia Pang (MCS) 1:11.82	Eunice Mau (MCS) 1:13.97	Ma Chun Wai Gloria (TLMS) 1:17.36	So Wing Tung (TLMS) 1:18.86
Rescue Medley - 100m <i>(Record : 1:28.36)</i>	Lum Ka Ki (HYS) *1:27.71	Li Joanne (HYS) *1:27.92	Ng Leticia (DGS) 1:29.76	Lau Joyce Yan Ki (DGS) 1:31.80	Tsang Tsz Sin (JCTIC) 1:40.01	Fong Sin Yi (LSK) 1:42.87	Jenny Ma (MCS) 1:49.81	So Wing Tung (TLMS) 1:51.54
Manikin Carry with Fins - 100m <i>(Record : 1:07.82)</i>	Li Yuen Kei (HYS) 1:12.33	Ng Chau Yu (DGS) 1:12.68	Lee Wing Lam (HYS) 1:12.88	Cheung Wing Chi (TLMS) 1:13.31	Yip Chi Yin Eileen (DGS) 1:14.04	Zoe Chan (MCS) 1:19.30	Lai Kit Wa (JCTIC) 1:27.50	Wun Sin Hang (JCTIC) 1:33.17
Manikin Carry - 50m <i>(Record : 41.49)</i>	Lum Ka Ki (HYS) *41.42	Li Joanne (HYS) 41.94	Sze Hang Yu (DGS) 43.22	Fong Sin Yi (LSK) 47.54	Lee Pui Sze Karen (DGS) 48.00	Ho Sin Yee Pauline (TLMS) 48.25	Evelyn Wai (MCS) 52.34	Ho Lok Hei (TLMS) 53.82
Manikin Tow with Fins - 100m <i>(Record : 1:10.78)</i>	Ng Siu Wa (DGS) 1:11.29	Li Jamie (HYS) 1:13.76	Koo Natasha (HYS) 1:15.14	Ng Chau Yu (DGS) 1:16.61	Florence Jim (MCS) 1:19.18	Lui Man Wai (JCTIC) 1:19.37	Tsang Tsz Sin (JCTIC) 1:19.95	Ma Chun Wai Gloria (TLMS) 1:24.73
Super Lifesaver - 200m <i>(Record : 2:47.09)</i>	Li Jamie (HYS) 2:52.07	Chung Yan Ting (DGS) 2:54.22	Koo Natasha (HYS) 2:56.77	Lee Yin Wing Edith (DGS) 3:03.98	Lee Hiu Man (TLMS) 3:13.88	Ho Sin Yee Pauline (TLMS) 3:23.71	Lai Kit Wa (JCTIC) 3:32.48	Eunice Mau (MCS) 3:35.25
Medley Relay - 4 x 50m <i>(Record : 1:52.57)</i>	(DGS) 1:54.38	(HYS) 1:59.30	(MCS) 2:02.61	(TLMS) 2:03.57	(JCTIC) 2:13.18	(SPCEC) 2:21.88	(LSK) 2:30.85	----
Manikin Relay - 4 x 25m <i>(Record : 1:57.74)</i>	(HYS) *1:51.43	(DGS) *1:56.85	(TLMS) 2:19.36	(MCS) 2:26.48	(JCTIC) 2:33.33	(LSK) 2:33.69	----	----
Line Throw <i>(Record : 14.09)</i>	Ng Leticia (DGS) *13.90	Ng Tsz Yan (HYS) 20.34	Hilkie Law (MCS) 23.39	Cheng Man Ching (JCTIC) 25.94	----	----	----	----

* New Record

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Girls B Grade

Event	1st	2nd	3rd	4th	5th	6th	7th	8th
Obstacle Swim - 100m <i>(Record : 1:05.67)</i>	Lai Hiu Tung (HYS) *1:04.73	Kong Yvette Man Yi (DGS) 1:06.21	Chow Sin Hang (HYS) 1:07.33	Luk Yan (DGS) 1:07.92	Chong Tsz Woon (CLS) 1:16.10	Louisa Tong (MCS) 1:17.11	Kwok Shanice (PCMS) 1:20.61	Tse Emily Wing Yee (SPCEC) 1:20.63
Rescue Medley - 100m <i>(Record : 1:27.39)</i>	Shum Nga Yan (HYS) *1:26.44	Ng Chui Wa (HYS) 1:29.03	Yau Fiona Hue Tung (DGS) 1:30.55	Ng Siu Fung (DGS) 1:39.92	Hervian Yeung (MCS) 1:47.32	Chan Ling Ling (JCTIC) 1:54.24	Kwong Wing Chi (SFC) 1:57.70	Li Wing Sze (TLMS) 2:00.30
Manikin Carry with Fins - 100m <i>(Record : 1:10.84)</i>	Chan Ka Ka (HYS) *1:07.27	Chan Kin Lok (HYS) 1:12.75	Lau Yin Yan Claudia (DGS) 1:14.80	Wong Hei Ting (DGS) 1:15.26	Li Wing Sze (TLMS) 1:22.14	Chong Tsz Woon (CLS) 1:31.42	Wong Priscilla Shu Kiu (TLMS) 1:33.17	Kum Hiu Ching (FLSS) 1:34.86
Manikin Carry - 50m <i>(Record : 42.56)</i>	Ng Chui Wa (HYS) 43.28	Shum Nga Yan (HYS) 43.78	Yau Fiona Hue Tung (DGS) 46.70	Wong Tsz Ling Michelle (DGS) 46.75	Tsang Chak Lam Candyce (SPCEC) 52.78	Lai Yi Lok (TLMS) 53.54	Lam Tsz Kwan (MHLSS) 53.70	Lai Wai In (PCMS) 57.50
Manikin Tow with Fins - 100m <i>(Record : 1:07.44)</i>	Lai Hiu Tung (HYS) 1:08.28	Chan Ka Ka (HYS) 1:12.12	Lee Ariel Yin Nok (DGS) 1:14.74	Kong Yvette Man Yi (DGS) 1:18.67	Sheir Kei Yan (TLMS) 1:23.37	Yung Ka Ching (SPCEC) 1:23.61	Yip Tsz Ling (JCTIC) 1:24.29	Wong Priscilla Shu Kiu (TLMS) 1:27.78
Super Lifesaver - 200m <i>(Record : 2:46.92)</i>	Chow Sin Hang (HYS) 2:50.05	Lau Yin Yan Claudia (DGS) 2:51.00	Chan Kin Lok (HYS) 3:03.26	Chu Hoi Yee Leanne (DGS) 3:10.26	Ho Wing Cheuk (JCTIC) 3:28.11	Luk Wing Wah (JCTIC) 3:28.68	Tse Emily Wing Yee (SPCEC) 3:40.22	Tang Ying Kiu (TLMS) 4:07.81
Medley Relay - 4 x 50m <i>(Record : 1:53.05)</i>	(DGS) *1:52.72	(HYS) 1:54.78	(MCS) 2:06.39	(SPCEC) 2:10.58	(CLS) 2:16.38	(TLMS) 2:17.85	(JCTIC) 2:20.14	(LSK) 2:26.70
Manikin Relay - 4 x 25m <i>(Record : 1:54.28)</i>	(HYS) 1:55.52	(JCTIC) 2:15.71	(DGS) 2:19.21	(TLMS) 2:34.19	(PCMS) 2:53.23	(MCS) 2:53.91	-----	-----
Line Throw <i>(Record : 15.18)</i>	Chan Siu Suen (DGS) *15.00	Pang Hiu Yan (HYS) 20.07	Wong Ka Yee (HYS) 20.12	Ho Po Yu (TLMS) 21.95	Chan Wai Wah Joyce (TLMS) 22.30	Cheryl Xu He Ming (DGS) 25.89	-----	-----

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